

IMPACT

Public health news and information for the Marion County Community

Fall 2013

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Mosquito Control collects over 1,200 tires on Tire Amnesty Day



Mosquito Control held its annual Tire Amnesty Day on June 8 this year. Marion County citizens could leave their discarded tires at Mosquito Control's offices on East 21st Street or at a number of Meineke locations around Indianapolis. According to Mosquito Control Supervisor Terry Gallagher, 2013 was the biggest year ever for Tire Amnesty Day, with at least 2,100 tires turned in for recycling.

Tires are ideal breeding grounds for mosquitos, providing dark, warm spaces that collect water and incubate mosquito eggs.

Left: Mosquito Control staff load recycled tires into a trailer. Above: Supervisor Terry Gallagher shows the size of the trailers filled with tires. Enough tires were donated to fill two large semi trailers.

INSIDE THIS ISSUE

MCPHD wins CICOA's Partner Award for service to the community

2

Girls on the Run participants work together to help others

3

MCPHD diabetes educator teaches and learns at summer camp

4

MCPHD receives CDC grant for sodium reduction at Eskenazi and Head Start

5

Highlights from Indiana Black Expo

7

MCPHD wins CICOA's Partner Award for service to community

Dr. Virginia Caine accepted the Central Indiana Council on Aging's (CICOA) Partner Award on behalf of the Marion County Public Health Department. This award recognizes an organization that plays a valuable role as a partner in service delivery, advocacy or community planning.

"The health department and its staff share CICOA's commitment to promoting and protecting the health of all Marion County residents, regardless of their age," said Orion Bell, President and CEO of CICOA.

MCPHD's collaborative efforts include:

- The Healthy Older Persons Program (HOPP) Conference, an annual day of activities promoting health and wellness among older adults. More than 500 area seniors attended last year's event.
- The Health Department's community health needs assessment for Marion County, which includes a section on the health needs of older adults.
- Working with CICOA's Meals & More service to support nutrition education for seniors. The health department provides funding to the Elders At the Table (EAT) Coalition to publish the senior meal alternatives booklet, distributed by CICOA and other senior-serving organizations in Marion County.

"Apart from many formal collaborative efforts, the Marion County Public Health Department is a great advocate for CICOA," said Bell. "Health Department employees serve on our committees and Advisory Council. The staff at the health de-



partment go above and beyond to make sure that CICOA and the people we serve are at the table when community health issues are discussed."

CICOA is Indiana's largest Area Agency on Aging and works with its partner organizations to provide high-quality services, such as in-home services, meals, caregiver support, transportation, home modifications, advocacy and senior center-based activities and others for seniors and people with disabilities.

Parveen Chand Joins Wishard-Eskenazi Health as New Chief Operating Officer



After a nationwide search, Parveen Chand, MHA, FACHE has joined the Wishard-Eskenazi Health team as chief operating officer (COO). His first day was Monday, July 8.

Parveen comes with 20 years of progressive experience leading health care operations in academic, not-for-profit and for-profit, faith-based and

large integrated system settings. He most recently served as COO at Creighton University Medical Center in Omaha, Nebraska. As a member of the senior leadership team of the 334-bed teaching hospital for Creighton University, Parveen had executive responsibility for clinical and non-clinical ancillary services such as pharmacy, radiology, rehabilitation services, laboratory, environmental and food services, and plant operations, among many others.

Parveen is a graduate of St. Louis University where he earned a degree in biology. He then completed graduate studies in health administration at Washington University School of Medicine. He has been professionally involved in a number of community organizations including Kiwanis International and Greater St. Louis United Way.

A proven leader with an enthusiastic commitment to our mission, Parveen has delivered results in operational performance and growth throughout his career. As COO for Wishard-Eskenazi Health, Parveen will have broad administrative responsibility for operations and direct responsibility for radiology and laboratory medicine. He will report directly to Dr. Lisa Harris, CEO and medical director of Wishard-Eskenazi Health.

The decision to add this role to the senior leadership team was made after much thoughtful discussion and consideration. The current organizational structure without a COO is uncommon among hospitals nationwide, and the addition is necessary to facilitate constant focus on quality and resource management in our daily operations. Parveen is well-prepared to make immediate contributions and the organization looks forward to continuing to build on the great work already underway.

Girls on the Run® participants learn important life lessons and contribute to the community

More than 300 girls participated in Girls on the Run® this year. The project combines running workouts with important lessons about body image, self-esteem, bullying and nutrition. In addition to meeting twice a week for ten weeks to prepare for a 5K (3.1 miles) race, participants completed service projects to help others.

- The third-through-fifth graders at Adams Elementary made gift bags and posters for the firefighters at Indianapolis Fire Department Station 54 in Franklin Township. Three firefighters drove a fire truck to the school to pick up the bags and posters and gave the girls a tour of the truck as thanks for their hard work.
- At Chapelwood Elementary, participants conducted a “Change for Change” campaign and asked fellow students to donate their spare change to benefit those affected by this summer’s tornadoes in Oklahoma. The campaign raised \$200 on its first day. The girls also worked together to plant a garden at their school.
- The participants at South Grove Intermediate School conducted a book drive, gathering nearly 500 books to donate to the Julian Center.
- Guion Creek Elementary made cards to thank the employees of the Finish Line and the Finish Line Foundation for their

generous grant that funded the spring season. Pam Averill presented the cards and a planter to the managers and employees at a Finish Line store in Indianapolis. Special thanks to the Finish Line Youth Foundation for a \$5,000 grant, which funded the season. Nutritionist Pam Averill served as council director again this year, with Kellie Knight and Amie Clemons from Chronic Disease serving as coaches.



Stop 11 Health Center opens



The Stop 11 Health Center at 2532 E. Stop 11 Rd. is open to the community! The facility, which is adjacent to the Chin Community Center on the south side of Indianapolis, provides a critical access point for refugee health services, Nurse of the Day and immunization services, some pediatric care services, tuberculosis medication pickup and dental care from the Smile Mobile, as well as services from the Women, Infants and Children (WIC) program and Covering Kids and Families. This facility operates as a satellite location of the South District Health Office.



Summer Servings Meal Program provides a valuable boost for kids

Dr. Virginia Caine speaks at a press conference for the kickoff of the 2013 Summer Servings meal program. Summer Servings is a USDA-sponsored program that provides nutritious meals and snacks to children under 18 at no cost during the summer months. Nationwide, the program has helped over a million children in its 40 years of existence.

Stacie Hurrel spends a week teaching and learning from diabetic kids

Every year, the Diabetes Youth Camp, sponsored by the Diabetes Youth Foundation of Indiana and St. Vincent Health, gives hundreds of diabetic kids the opportunity to enjoy traditional summer camp activities while providing critical care and support for their diabetes. This year, Diabetes Program Coordinator Stacie Hurrel joined the campers for a week to provide medical support. She spent the week sleeping in a cabin with six girls, a counselor and a junior counselor. Hurrel checked blood sugar levels, administered insulin injections and monitored the participants' nutrition.

In addition to spending most of the day with campers, Hurrel also attended an hour-long lecture each day in order to receive credit for continuing education.

"It's a lot of work – you get up with the kids at seven, you're with them all day and you go with them to every event except the one-hour lecture," said Hurrel. "You can get a shower while they sleep, but you have to check their blood sugar at midnight. If they're low at midnight, you have to get up at three to check it again and give them snacks if they need it. You don't get a whole lot of sleep."

Despite the long days, Hurrel said she had a great time and was happy to see participants learning how to manage their disease.

"Kids were doing things they had never done before that maybe they were afraid to do at home," she said. "Things like giving themselves their first insulin injection on their own."



CALENDAR OF EVENTS

SEPTEMBER

17, 24

Weigh To Go, Baby!

Weigh To Go Baby offers parents the opportunity to bring in their babies for a free walk-in clinic staffed by public health nurses, where they can receive a weight check, ask questions related to infant issues and receive coupons for the B.A.B.E. store.

Marion County Public Health Department
Northeast District Health Office
6042 E. 21st St., 46219
9:30 - 11:30 a.m.

19, 26

Free Blood Lead and Consumer Product Testing

The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

29

Open Streets Indy

Westfield Blvd. from Broadway St. to 53rd St. will be closed to give pedestrians full access to the road for walking, bicycling, socializing, dancing and most importantly, fun! Fitness sessions, dance sessions, music, activities for kids and other great activities will be offered. Visit openstreetsindy.org for more information.

Westfield Blvd. from Broadway St. to 53rd St.
12 - 5 p.m.

The Marion County Public Health Department will be closed on Thursday, November 28 and Friday, November 29 for Thanksgiving.

OCTOBER

2, 9, 16, 23, 30

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3, 10, 17, 24, 31

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Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

ABCs of Diabetes

The Marion County Public Health Department offers FREE four-part diabetes self-management classes. Plan to attend all four classes. Registration is required. Please call 317-221-2094.

7, 14, 21, 28

E. 38th St. Branch Library
5420 E. 38th St., 46218
1:30 - 3:30 p.m.

9, 16, 23, 30

Central Library
40 E. St. Clair St., 46204
1:30 - 3:30 p.m.

MCPHD, Eskenazi Health and Head Start receive CDC grant to assess and improve nutritional value in food services

The Marion County Public Health Department is launching a three-year initiative to support Eskenazi Health and Head Start with efforts to further improve the nutritional value of foods served in their systems, specifically to reduce the sodium content. This initiative was made possible with a grant from the Centers for Disease Control and Prevention called *Sodium Reduction in Communities*. The grant funds are expected to total approximately \$700,000 over three years. MCPHD received one of only seven grants for this initiative with Eskenazi Health and Head Start.

The initiative will begin with thorough assessments of foods being purchased, cost, nutritional analyses of recipes, menu items, menu packages and other foods served, what people are purchasing and any other elements that will provide necessary information to create baselines and develop benchmarks for change. Each institution will hire a dedicated staff person to

oversee the project.

Unlike many hospital systems in the country, Eskenazi Health maintains its own food service department and does not outsource its food services to an outside contractor. The potential changes will include Eskenazi's hospital cafeteria and Café Soleil as well as meals served to Head Start participants in Marion County.

"We want to provide Eskenazi Health and Head Start with the support they need to meet the gold standard for the healthiest possible food for their clientele," said Sandy Cummings, Chronic Disease Coordinator. "Ideally, this will culminate in model practices to be used in hospitals and Head Starts across the country."

This project will officially launch on October 1. For more information, contact Sandy Cummings at scumming@hhcorp.org.

Fallen IEMS medics honored with memorial street sign



Indianapolis EMS members Private Timothy McCormick and Specialist Cody Medley were honored on July 22 with the dedication of a memorial street marker. A sign at the corner of St. Clair Street and Senate Avenue, the site where their ambulance was involved in a fatal crash in February, now reads "McCormick & Medley EMS Memorial Way."

Bullying Prevention Committee educates citizens of all ages

For the past three years, the Social Work department and Health Education, Promotion and Training have been working together on the Bullying Prevention Committee which is aimed at educating teachers, students, administrators and others about identifying, halting and preventing bullying. MCPHD educators and social workers facilitate anti-bullying classes for schools, various agencies, churches and other organizations all over Marion County.

"We get a lot of good feedback from teachers and the social workers who get us into the schools," said social worker Kristian Gibson, who is coordinating the project. "They feel like it has given people

more information and more direction about how to work with children who are either bullying or being bullied."

"I believe that this is an excellent example of how prevention and intervention efforts can be strengthened through a team approach," said violence prevention coordinator Byron Johnson, who also oversees the program. "Through the collaboration, we have been able to expand our educational and supportive services that are available to schools and other organizations in the community."

For more information about the Bullying Prevention Committee, contact Kristian Gibson at kgibson@mchd.com.

**Flu season is coming!
Protect yourself and your
family with a flu shot!**

**Stay tuned to local news and mchd.com
for information about flu shot clinics and
vaccine availability.**

MCPHD In The Community

Covering Kids and Families Back-to-School Family Day

Over 9,000 flocked to the 13th annual Covering Kids and Families Back-to-School Family Day, held on August 3 at HHC/MCPHD's headquarters at 3838 N. Rural St. Together with 65 participating community agencies, CKF was able to distribute 2,620 backpacks, provide 87 immunizations, 74 dental screenings, 150 vision screenings and 37 sports physicals.



Major Taylor Wellness Ride

On June 29, MCPHD participated in the Major Taylor Wellness Ride and Health Fair as a major sponsor. MCPHD's booth offered information about numerous departments and a variety of basic screenings were available in the mobile prostate health van.



MCPHD In The Community



A participant in MCPHD's Safe Sitter® program practices assisting a choking victim.



Employees wear YMCA shirts to support the new Avondale Meadows YMCA, which opened its doors on August 21.

HHC/MCPHD participates in 2013 Black Expo

HHC and MCPHD both had a presence at the 2013 INShape Black and Minority Health Fair from Thursday, July 18 through Sunday, July 21 at the Indiana Convention Center in downtown Indianapolis. In addition to a large booth dedicated to this year's theme, "the Game of LIFE," MCPHD also brought its mobile prostate exam unit and had information booths for Dental and Lead Safe & Healthy Homes departments.



MARION COUNTY PUBLIC HEALTH DEPARTMENT SERVICES

ACTION Health Center Clinic	221-3400	Mortgage Loan Inspections	221-2145
ACTION Health Center Education and Social Services	221-8950	Laboratory (Public Health)	221-4670
Animal Bite Surveillance	221-2222	Maternal and Child Health	221-2312
Asthma Screening and Education	221-2094	Mosquito Control.....	221-7440
B.A.B.E. (Beds and Britches, Etc.)	221-3050	Mother Baby Healthline	221-BABY (2229)
Birth and Death Registry	221-2400	Mother Baby Healthline TTY For Hearing Impaired	221-2354
Birth and Death Registry TTY for Hearing Impaired	221-2410	Newborn Screening.....	221-2331
Certificates of Birth Correction Info	221-2397	Occupational Health.....	221-2266
Cancer Detection and Control	221-2101	Older Adult Health	221-2087
Cardiovascular Health	221-2097	Rodent Control	221-7588
Child Abuse/Neglect Detection and Prevention	221-2366	School-Based Health Centers	
Childhood Lead Poisoning Prevention Program	221-2155	Arlington High School	226-2992
Children's Special Health Care Services Program	221-2103	Crispus Attucks Medical Magnet High School.....	226-2791
Chronic Disease	221-2094	John Marshall Community School.....	226-4622
Communicable Disease Control	221-2117	Manual High School.....	226-2000
Community-Based Care (CBC)	221-2366	School Health Promotion	221-2052
Community Nutrition Services	221-7403	School Health Services	221-2366
Dental Health	221-2329	Sewage Regulation (Septic Systems)	221-2147
Diabetes Education	221-2104	Sexually Transmitted Disease Control	221-8300
Environmental Control	221-7588	Sickle Cell Anemia	221-2105
Food Safety	221-2222	Smoke Free Indiana.....	221-2084
Foreign Born Health	221-2114	Social Work	221-2364
Hazardous Materials	221-2266	Streams, Groundwater and Solid Waste	221-2266
Health Education, Promotion and Training.....	221-2092	Swimming Facilities Regulation (Public)	221-2270
Healthy Babies Consortium	221-2313	Tobacco Free Youth Initiative.....	221-3100
HIV/AIDS Prevention Information	221-3101	Tuberculosis Control	221-2106
HIV/AIDS Outreach Project	221-4618	Violence Prevention	221-2085
Bell Flower Clinic	221-8307	Wellfield Protection	221-2266
Housing and Neighborhood Health	221-2150	Wells and Drinking Water Safety	221-2145
Immunization Program	221-2122	WIC (Special Supplemental Nutrition Program for Women, Infants and Children)	221-7401
Indoor Air Quality	221-2266		
Indianapolis Birthing Project/SisterFriend	221-7419		
Injury Prevention	221-3145		
Institutional Inspection.....	221-2266		



3838 North Rural Street
Indianapolis, Indiana 46205
317-221-2000