Health and Hospital Corporation of Marion County ■ Marion County Public Health Department

PUBLIC HEALTH

IMPACT

Public health news and information for the Marion County Community

Spring 2013

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Wishard-Eskenazi Health and Community Health Network form partnership

Dr. Virginia Caine (Director of the Marion County Public Health Department), Dr. Lisa Harris (CEO and Medical Director of Wishard-Eskenazi Health), Bryan Mills (President and CEO of Community Health Network), Matt Gutwein (President and CEO of Health & Hospital Corporation of Marion County) and the Health and Hospital Corporation Board of Trustees, together with Indianapolis Mayor Greg Ballard and Congressman André Carson of Indiana's 7th District, meet at the City Market in downtown Indianapolis to announce the formation of a new partnership between Wishard-Eskenazi Health and Community Health Network.

Turn to page 2 for more information about the Wishard-Eskenazi Health and Community Health partnership.

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Timothy McCormick and Cody Medley

Early in the morning on Saturday, February 16, the Wishard-based crew of Indianapolis EMS Medic 50 were involved in a serious motor vehicle collision. Private Timothy C. McCormick, EMT, and Specialist Cody S. Medley, Paramedic, both died of injuries sustained in the crash. They were the first known emergency service workers in our city's history to be killed in the line of duty.

Timothy McCormick, 24, grew up in Staten Island, New York. He moved to Indianapolis to attend IUPUI eventually joined Indianapolis Emergency Medical Services as an emergency medical technician. His family, friends and co-workers remember him as a bright, witty and talented young man.

Cody Medley, 22, joined Indianapolis EMS in 2010 after serving as a volunteer fire fighter for the Sunman Rural Fire Department. In an interview with the *Indianapolis Star*, his mother described him as a practical joker who loved the outdoors.

If you are interested in making a memorial donation to Indianapolis EMS in honor of Timothy McCormick and Cody Medley, contact Mike Eikenberry at ***mike.eikenberry@eskenazihealthfoundation.org.***

Wishard-Eskenazi Health launches landmark partnership with Community Health Network

Elected officials and leaders from across Indianapolis – including Congressman André Carson, Mayor Greg Ballard, Health & Hospital Corporation Trustees Greg Fehribach, Robert Pfeiffer, Marjorie O'Laughlin, Lacy Johnson and newly appointed member Deborah Daniels and many more – joined Wishard-Eskenazi Health leaders and those from Community Health Network to announce a partnership that will place both systems and the city in the best possible position for health care reform, improving access to quality care for all patients, particularly the indigent and underserved.

"Delivering the best and most accessible care for our patients, and particularly the indigent and underserved who will be seeking greater access to care within the environment of health care reform, is a challenge we embrace and one that our partnership addresses," said Dr. Lisa Harris, CEO and medical director of Wishard-Eskenazi Health. "Working together, we can do more in the interest of the health and vitality of our community than either organization can do alone. Though the scope of this agreement is unprecedented, the principle of partnering and aligning resources to enhance care, medical education, research and health services is central to the cultures and values of both organizations."

The partnership is a natural fit that will best serve the interest of patients, stakeholders and residents. It is not an acquisition or merger. All owned assets of each party will continue to be owned by that individual party. No public assets will be sold, transferred or leased. Likewise, all locations will continue to remain open as a result of this partnership, with some facilities receiving significant investment in renovation or expansion. The Affordable Care Act will extend health care coverage to 30 million Americans. Through integration, together, Wishard-Eskenazi Health and Community Health Network will serve more patients and provide more care.

"Our main focus is the health and wellness of our patients and our community, and this partnership will help both Wishard-Eskenazi Health and Community Health Network deliver on our commitment to that shared priority," said Matthew R. Gutwein, president and CEO of Health & Hospital Corporation of Marion County. "This partnership is about our families, our children, our parents and our grandparents. This partnership is about access for everyone, including the most vulnerable in our community. This partnership is about preparing for the dramatic changes of health reform so that we can best serve our community and the health of people from all walks of life across our community. This partnership is about our patients, physicians, nurses and staff and the future health care professionals that will care for all of Indiana."

The partnership aligns all Central Indiana Community Health Network and Wishard-Eskenazi Health facilities, including the new Sidney & Lois Eskenazi Hospital and Eskenazi Health campus opening in December 2013, Wishard Memorial Hospital and the Eskenazi Health network of primary care centers throughout Indianapolis, as well as Community's network of suburban hospitals, health pavilions and physician practices, including Community Hospital East, Community Hospital North, Community Hospital South, Community Hospital Anderson, Community Westview Hospital and Community Howard Regional Health.

"This is an outstanding example of two institutions of excellence and high performance who put their patients and the community first," said Dr. Virginia Caine, director of the Marion County Public Health Department. "These two institutions continually engage the community and determine its needs and are now able to come together to provide an innovative solution. The benefits from this collaboration are to expand access to people who otherwise wouldn't have it and to truly emphasize patient-focused care."

For more information about the Wishard-Eskenazi Health and Community Health Network partnership, visit www.PatientHealthPartnership.org.

Focus on Health continues to inform and advocate after 25 years

For 25 years, Ruby Grosdidier has assembled a variety of guests on her cable show, Focus on Health, to discuss a wide range of important health topics, covering health-related events and fostering health awareness among viewers.

"Over the years, I've had great opportunities to interview some very interesting and dedicated people who have devoted their considerable talents to promoting the health and well-being of this community," said Grosdidier.

Grosdidier, the former Director of Communications for Health and Hospital Corporation, retired in 1999 but continues to devote her time and energy to promoting good health in Marion County.

"I always enjoy covering topics that work as awareness tools, such as women and heart disease," said Grosdidier. "When it comes to prevention, I don't think that the public can ever get enough information."

The show recently taped its first new episode on its new set after relying on an older set for more than twenty years. Dr. Virginia Caine, Director of Public Health and Dr. Charles Miramonti, Director of Indianapolis EMS, both came to the show as guests.

Focus on Health tapes twice monthly and airs on Monday, Wednesday, Friday and Sunday at 12:30 a.m. and p.m. and 6:30 a.m. and p.m. on Comcast channel 28, Brighthouse channel 17 or U-Verse channel 99.

RUBY GROSDIDIER, RIGHT, INTERVIEWS DR. CHARLES MIRAMONTI OF INDIANAPOLIS EMS AND DR. VIRGINIA CAINE OF MCPHD FOR A RECENT EPISODE, THE FIRST ON A BRAND-NEW SET. THE OLD SET HAD BEEN IN USE FOR OVER 20 YEARS.

Revised Nurse-of-the-Day Service Schedule

Nurse-of-the-Day services are available on a walk-in or appointment basis. These services include tuberculosis (TB) skin tests and medications; blood pressure screening; counseling and referrals for prenatal care, infant and child care, communicable disease services and general health counseling and referral. These services are on a first-come, first serve basis. There are certain times of the year when these services will be busier with immunization services. We request that clients sign in at least 15 minutes prior to closing time for services. Clients with appointments should arrive 15 minutes prior to their appointment time. Services vary depending on the day. For details about specific services, please call the individual service location. Patients should bring a current shot record, Medicaid card (if applicable) or insurance card (if applicable). Adult vaccines have a fee that must be paid prior to administration of the vaccine.

Office	Mon.	Tues.	Wed.	Thurs.	Fri.
Northwest District 6940 N. Michigan Rd. 221-7500	3 p.m. – 6 p.m. Appointments available	8 a.m. – 4 p.m. Walk-in		12 p.m. – 4 p.m. Walk- in No TB skin tests	12 p.m. – 4 p.m. Walk-in
Northeast District 6042 E. 21st St. 221-7300	8 a.m. – 4 p.m. Walk-in	12 p.m. – 4 p.m. Walk-in	3 p.m. – 6 p.m. Walk-in *Same day appointment No TB skin tests	8 a.m. – 4 p.m. Walk-in No TB skin tests	8 a.m. – 12 p.m. Walk-in
South District 505 E. National Ave. 221-5700	8 a.m. – 4 p.m. Walk-in	3 p.m. – 6 p.m. Appointments available	12 p.m. – 4 p.m. Appointments available	8 a.m. – 12 p.m. Walk-in No TB skin tests	8 a.m. – 4 p.m. Appointments available
3901 Meadows* 221-2379		8 a.m. – 12 p.m. Walk-in			12 p.m. – 4 p.m. Appointments available
Georgetown Office 3972 Georgetown Rd. 221-3441	8 a.m. – 12 p.m. Walk-in	12 p.m. – 4 p.m. Walk-in	8 a.m. – 12 p.m. Walk-in 12 p.m. – 4 p.m. Appointments available		8 a.m. – 12 p.m. Walk-in

To schedule a same day appointment (if available at Northeast District Health Office, you must call 221-7300 before 12 p.m.

2012-2013 flu season the most severe in several years

The 2012-2013 flu season, the busiest in several years, saw an earlier-than-expected flood of flu cases that prompted the MCPHD to double down on its regular efforts to vaccinate and educate the citizens of Marion County.

According to Shandy Dearth, administrator for MCPHD's epidemiology department, this year's most common strain had not circulated in several years leaving more people vulnerable. An early start to the flu season gave doctors and public health officials less time to vaccinate as many citizens as possible.

"We've had two significant spikes this flu season, which is unusual," Dearth noted.

In order to keep the epidemic under control, the MCPHD, under the leadership of Dr. Virginia Caine, worked with local hospital systems to implement more restrictive visitor policies to protect patients and hospital staff. The MCPHD also organized several special vaccination clinics, where hundreds of people lined up to receive flu shots at no cost to them.

Many health care providers, including the Marion County Public Health Department, are still offering influenza vaccines. Expiration dates of flu vaccines may vary, so make sure to contact your provider in advance to ask if they can still administer the vaccine.

DR. CHARLES MIRAMONTI OF INDIANAPOLIS EMS AND DR. VIRGINIA CAINE OF THE MARION COUNTY PUBLIC HEALTH DEPARTMENT ANSWER REPORTER QUESTIONS AT A JANUARY 17 PRESS CONFERENCE REGARDING THE INFLUENZA EPIDEMIC IN MARION COUNTY.

CALENDAR OF EVENTS

MARCH

5, 12, 19, 26
Weigh To Go Baby

Weigh To Go Baby offers parents the opportunity bring in their babies for a free walk-in clinic staffed by public health nurses, where they can receive a weight check, ask questions related to infant issues and receive coupons for the B.A.B.E. store.
Marion County Public Health Department
Northeast District Health Office
6042 E. 21st St., 46219
9:30 - 11:30 a.m.

7, 14, 21, 28
Free Blood Lead and Consumer Product Testing

The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.
Marion County Public Health Department
3901 Meadows Dr., 46205
12:00 - 5:00 p.m.

28, 29
National Nutrition Month® Events

Join us for interactive activities, food tastings, information and insight into the rules of healthy eating!
March 28:
Marion County Public Health Department
Northwest District Health Office
6940 Michigan Rd., 46268
1:30 - 3:30 p.m.

March 29:
Marion County Public Health Department
Hasbrook Building
3838 N. Rural St., 46205
10 a.m. - 1 p.m.

APRIL

2, 9, 16, 23, 30
Weigh To Go Baby

Weigh To Go Baby offers parents the opportunity bring in their babies for a free walk-in clinic staffed by public health nurses, where they can receive a weight check, ask questions related to infant issues and receive coupons for the B.A.B.E. store.
Marion County Public Health Department
Northeast District Health Office
6042 E. 21st St., 46219
9:30 - 11:30 a.m.

1, 8, 15, 22
ABCs of Diabetes

The Marion County Public Health Department offers FREE four-part diabetes self-management classes. Plan to attend all four classes. Registration is required. Please call (317) 221-2094.
Marion County Public Health Department
South District Health Office
3838 N. Rural St., 46205
1:30 - 3:30 p.m.

4, 11, 18, 25
Free Blood Lead and Consumer Product Testing

The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.
Marion County Public Health Department
3901 Meadows Dr., 46205
12:00 - 5:00 p.m.

The Marion County Public Health Department will be closed on Monday, May 27, in observance of Memorial Day.

Spotlight on the Ryan White HIV/AIDS Program

Program celebrates another year of providing lifesaving care and support

When Ryan White returned to school after being diagnosed with HIV in December 1984, the disease was poorly misunderstood and HIV-positive individuals had few resources for medical care or support. White, a hemophiliac who contracted the disease by receiving tainted blood-clotting factors, had few friends and was singled out by the administration, which forced him to use separate drinking fountains and restrooms. His fight to return to school and educate others about his disease made him an international celebrity and brought hope to millions of people living with HIV and AIDS. Today, more than twenty years after his death, the Ryan White Care Act, passed shortly after his death, is one of the biggest funders of services for people living with HIV/AIDS in the United States.

The Marion County Public Health Department, a recipient of Ryan White grant funds since 2007, partners with a number of area providers to connect HIV/AIDS patients with critical services. We currently serve 1,598 patients and admit approximately 300 more every year. With funds from Ryan White Part A, Ryan White Part B and Minority AIDS Initiative, we're able to assist HIV/AIDS patients with testing, primary care and dental care. Since its inception, the program has seen an impressive 12 to 14 percent reduction in unmet need. In 2012, the program received about $4.3 million total.

Program coordinator Mike Wallace hopes to continue expanding the program and providing lifesaving care to people in need.

"We want to expand our mental health services and we want to continue the expansion of our early intervention services – that's specifically to identify people who do not know their status and to get them into care," Wallace said. "We know that the earlier we can get people into care, the better their quality of life. If we can identify people early and reduce their viral load, we can also reduce infection rates."

Wallace anticipates receiving continued funding from the program and looks forward to continuing to help HIV/AIDS patients in Marion County lead full, productive and healthy lives.

Join us for Enroll Indiana Week!

Enroll Indiana Week 2013 (formerly called Cover the Uninsured Week) will take place April 9th-13th and will include a series of activities aimed at educating the public and opinion leaders about the plight of those who lack health insurance. Enroll Indiana Week is also designed to generate media attention about this important issue and provide opportunities for enrollment and education for people who currently lack health insurance.

Women's Health Day - Tuesday, April 9th, 10:00 a.m. - 2:00 p.m.
CKF will partner with IU Women on Wheels for health screenings at MCPHD's main office at 3838 N. Rural St.

Town Hall Meeting - Tuesday, April 9th, 6:00 p.m. - 8:00 p.m.
Community leaders will gather at Warren Central High School Performing Arts Center (9500 E. 16th Street) to address the Affordable Care Act and its impact on health care and education.

Men's Health Day - Thursday, April 11th, 10:30 a.m. - 1:30 p.m.
CKF partners with the 2013 Indiana Black Barbershop Health Initiative for free health screenings (including prostate). The kickoff event will take place at the Indiana Statehouse at 200 W. Washington St.

B.A.B.E. Store Diaper Drive - Friday, April 12th
The Beds and Britches, Etc. program will be collecting diapers at all B.A.B.E. store locations. Visit **http://www.wishard.edu/our-services/babe-store** to find a location near you.

Family Resource Day - Saturday, April 13th, 10 a.m. - 1 p.m.
CKF partners with MDwise, Anthem and MHS for an educational fair to promote their services. The fair will take place at Chase Near Eastside Legacy Center at 727 N. Oriental St.

For more information about Covering Kids and Families and Enroll Indiana Week, call the CKF information line at 221-3178.

School Wellness Council works to promote a culture of health in local public schools

Sponsored by MCPHD's Chronic Disease department, the School Wellness Council, which began meeting in August 2012, brings area school wellness coordinators together to share ideas and strategies for fostering a culture of good health in area public schools.

The National Center for Chronic Disease Prevention and Health Promotion reports that almost 16 percent of adolescents in Indiana were overweight and nearly 13 percent were obese. The survey also found that a large percentage of Indiana's adolescents were regularly drinking sugar-sweetened soda or pop. The overwhelming majority did not get the recommended quantity of fruits and vegetables in their diets.

"We're trying to create ideal environments for kids to be healthy," said Stephanie Thornberry, program coordinator and chronic disease prevention specialist. "There's no single magic bullet for the issues we face – it's all smaller things that add up to substantial change. Getting the wellness coordinators together to effect change in their schools is critical to making this happen."

Eleven local school districts participate in the School Wellness Council. In addition to working with other school wellness coordinators, the School Wellness Council seeks to empower parents, students and the community to work together to build a culture of good health in public schools.

Parents who wish to become involved in creating a culture of health in their own school districts should contact their district's wellness coordinator and become active in their school's parent organizations.

MCPHD In The Community

2012-2013 flu shot campaign

LEFT: DR. VIRGINIA CAINE OF THE MCPHD ADMINISTER A FLU SHOT TO GOVERNOR MIKE PENCE. RIGHT: DR. WILLIAM VANNESS, INDIANA STATE HEALTH COMMISSIONER. *PHOTO CREDIT DANIEL AXLER, ISDH.*

BELOW: AN MCPHD PUBLIC HEALTH NURSE ADMINISTERS A FLU SHOT AT A FREE FLU SHOT CLINIC IN JANUARY. THE MCPHD ADMINISTERED HUNDREDS OF FREE FLU SHOTS TO LOCAL CITIZENS AS PART OF ITS FLU PREVENTION EFFORTS IN 2012-2013.

Legacy House opens new satellite office

LEGACY HOUSE STAFF MEET IN THE ADULT COUNSELING ROOM OF THEIR NEW SATELLITE OFFICE AT KEYSTONE NORTH APARTMENTS IN THE MEADOWS NEIGHBORHOOD OF INDIANAPOLIS. THIS NEW LOCATION WAS DEVELOPED IN PARTNERSHIP WITH THE APARTMENT COMMUNITY MANAGEMENT. MEMBERS OF THE MEADOWS COMMUNITY AND RESIDENTS OF KEYSTONE NORTH APARTMENTS PROVIDED INVALUABLE ASSISTANCE FURNISHING THE NEW OFFICE AND HELPING STAFF WITH THE MOVE-IN. THE NEW SATELLITE OFFICE, LOCATED AT 4134 EDGEMERE COURT, UNIT A2, INCLUDES COUNSELING ROOMS FOR BOTH CHILDREN AND ADULTS WITH A QUIET, COZY ATMOSPHERE IN AN EASILY ACCESSIBLE LOCATION FOR NEARBY RESIDENTS.

MCPHD In The Community

HEALTH EDUCATION, PROMOTION AND TRAINING STAFF PARTICIPATED IN ITS LAST 2012 HEALTH FAIR AT RECYCLE FORCE. THIS ORGANIZATION ASSISTS EX-OFFENDERS WHO HAVE BEEN DISCHARGED FROM THE PENAL SYSTEM FOR LESS THAN 120 DAYS. PARTICIPANTS WERE GIVEN OPPORTUNITIES TO RECEIVE ESSENTIAL BASIC SCREENINGS SUCH AS BLOOD PRESSURE, GLUCOSE, AND CHOLESTEROL IN ADDITION TO RECEIVING INFORMATION ABOUT MCPHD CLINICS.

B.A.B.E. PROGRAM MANAGER RHONDA CANTRELL, CENTER, WITH SISTER ROSARIA (LEFT) AND SISTER MARY JOHN (RIGHT) ACCEPTS A CHECK FOR $2,300 FROM THE DAUGHERS OF CHARITY OF ST. VINCENT DE PAUL, WHO ORGANIZED A RAFFLE TO RAISE MONEY FOR THE PROGRAM.

PLAYERS AND CHEERLEADERS FOR THE INDIANA PACERS TALK WITH A GROUP OF YOUTH ABOUT GOOD HEALTH HABITS FOR THE NBA PACERS GET FIT AND LIVE HEALTHY EVENT. THE MARION COUNTY PUBLIC HEALTH DEPARTMENT PARTNERED WITH THE INDIANA PACERS AND OTHER GROUPS FOR A DAY OF HEALTH EDUCATION FOR LOCAL KIDS.

reserved for national nutrition month event photo

TOP: MCPHD NUTRITION SERVICES STAFF AND EDUCATORS CONDUCT INFO SESSIONS, FOOD TASTINGS, INTERACTIVE DEMONSTRATIONS AND MORE TO TEACH ATTENDEES ABOUT THE IMPORTANCE OF HEALTHY EATING AT A NATIONAL NUTRITION MONTH ® EVENT ON MARCH 12.

LEFT: LEAD SAFE & HEALTHY HOMES CONCLUDED ITS FIRST SEASON OF ITS SPANISH LANGUAGE RADIO PROGRAM, *A TU SALUD* ON DECEMBER 8. SPECIAL THANKS TO ALL OF THE PEOPLE FROM THE MCPHD AND PARTNER ORGANIZATIONS WHO HELPED MAKE THIS SERVICE POSSIBLE: RAÚL ROSAS, BELKIS RAMÍREZ, DR. DAVID CHAVARRÍA, MARCELA FLORES, NORA WILMA, QUIANA WILSON, LARRY LOBDELL, FRANCISCO RUIZ, ELIA JAMES, WILLIAM ROMERO, DAVID SERRANO, KARLA JOHNSON AND LITXIA MIRANDA.

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MARION COUNTY PUBLIC HEALTH DEPARTMENT SERVICES

ACTION Health Center Clinic	221-3400
ACTION Health Center Education and Social Services	221-8950
Animal Bite Surveillance	221-2222
Asthma Screening and Education	221-2094
B.A.B.E. (Beds and Britches, Etc.)	221-3050
Birth and Death Registry	221-2400
Birth and Death Registry TTY for Hearing Impaired	221-2410
Certificates of Birth Correction Info	221-2397
Cancer Detection and Control	221-2101
Cardiovascular Health	221-2097
Child Abuse/Neglect Detection and Prevention	221-2366
Childhood Lead Poisoning Prevention Program	221-2155
Children's Special Health Care Services Program	221-2103
Chronic Disease	221-2094
Communicable Disease Control	221-2117
Community-Based Care (CBC)	221-2366
Community Nutrition Services	221-7403
Dental Health	221-2329
Diabetes Education	221-2104
Environmental Control	221-7588
Food Safety	221-2222
Foreign Born Health	221-2114
Hazardous Materials	221-2266
Health Education, Promotion and Training	221-2092
Healthy Babies Consortium	221-2313
HIV/AIDS Prevention Information	221-3101
HIV/AIDS Outreach Project	221-4618
Bell Flower Clinic	221-8307
Housing and Neighborhood Health	221-2150
Immunization Program	221-2122
Indoor Air Quality	221-2266
Indianapolis Birthing Project/SisterFriend	221-7419
Injury Prevention	221-3145
Institutional Inspection	221-2266
Mortgage Loan Inspections	221-2145
Laboratory (Public Health)	221-4670
Maternal and Child Health	221-2312
Mosquito Control	221-7440
Mother Baby Healthline	221-BABY (2229)
Mother Baby Healthline TTY For Hearing Impaired	221-2354
Newborn Screening	221-2331
Occupational Health	221-2266
Older Adult Health	221-2087
Rodent Control	221-7588
School-Based Health Centers	
Arlington High School	226-2992
Crispus Attucks Medical Magnet High School	226-2791
John Marshall Community School	226-4622
Manual High School	226-2000
School Health Promotion	221-2052
School Health Services	221-2366
Sewage Regulation (Septic Systems)	221-2147
Sexually Transmitted Disease Control	221-8300
Sickle Cell Anemia	221-2105
Smoke Free Indiana	221-2084
Social Services	221-2364
Streams, Groundwater and Solid Waste	221-2266
Swimming Facilities Regulation (Public)	221-2270
Tobacco Free Youth Initiative	221-3100
Tuberculosis Control	221-2106
Violence Prevention	221-2085
Wellfield Protection	221-2266
Wells and Drinking Water Safety	221-2145
WIC (Special Supplemental Nutrition Program for Women, Infants and Children)	221-7401

HEALTH & HOSPITAL CORPORATION

MARION COUNTY PUBLIC HEALTH DEPARTMENT
Prevent. Promote. Protect.

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