

IMPACT

Public health news and information for the Marion County Community

Summer 2013

www.hhcorp.org

www.mchd.com

MCPHD assists with cleanup efforts in flood-damaged neighborhoods

On the weekend of April 20, heavy rains hit Marion County, with some areas receiving as much as five inches. In neighborhoods such as Ravenswood near the White River, waterways overflowed their banks and caused major flooding throughout the area.

Ravenswood/White River Neighborhood Association President Suzan Stamm viewed the damage caused by the flooding and was concerned that the debris, trash, standing water and property damage might negatively impact the health and well-being of nearby residents. Stamm contacted Environmental Health Safety and Management Administrator Kip Mibey, who came to Ravenswood to tour the neighborhood. After viewing the extent of the damage, he offered to come in with a volunteer crew and equipment and help clean up the area.

On the day of the clean-up, May 4, Stamm was thrilled to see the coordinated response.

"There were all of these trucks and people!" she said. "I can't say enough about the Marion County Public Health Department and Health and Hospital. They are just outstanding."

Marion County citizens in need of clean-up assistance in their own neighborhoods can contact Environmental Health Safety and Management at 317-225-7588.



Top: A crew of MCPHD employees and volunteers works to clean up Ravenswood.

Above left: High water caused extensive property damage and left the area full of trash and debris.

Above right: Suzan Stamm and Kip Mibey get ready to clean up.

INSIDE THIS ISSUE

Enroll Indiana Week brings attention and resources to uninsured Hoosiers

2

Legacy House names Michael Hurst as its new director

3

Coalition for Patient Safety names James Fuller as its new president

4

MCPHD to play critical role in Indy Food Council goals

5

YFIN honors graduating seniors

7

Enroll Indiana Week brings attention and resources to uninsured Hoosiers



Covering Kids and Families has lots to celebrate after the conclusion of a successful Enroll Indiana Week, a weeklong event in April designed to connect Hoosiers with important health care resources and bring public attention to issues like insurance coverage, prevention and access. The week began with a visit from the IU Women's Wellness on Wheels bus and included a town hall meeting, a Statehouse event, a health fair and a diaper drive. Congratulations to all of the Covering Kids and Families staff for their great work on behalf of Indiana families! Marion County citizens who are interested in more information about their health care options can contact Covering Kids and Families of Central Indiana at 221-3117.



Top : Covering Kids and Families held a town hall meeting at Warren Central High School on Tuesday, April 9 for citizens to learn more about the changing health care landscape and the Affordable Care Act. From left, radio personality Amos Brown, HHC Vice President of External Affairs Greg Porter, Dr. Leonardo Ortega, executive director of Shalom Health Care Center, John Dickerson, executive director of The Arc of Indiana, Mariama Shaheed-Carson, principal of Snacks Crossing Middle School in Pike Township, Diane Baker, Executive Director of Family Development Services and Indiana State Rep. Robin Shackelford.

Left: An attendee gets a complimentary haircut at the Indiana Black Barbershop Health Initiative kickoff event in the Statehouse rotunda. The initiative partnered with barbershops around the state to provide critical screening services such as cholesterol and blood pressure checks and worked to connect people with additional wellness resources.

Indianapolis Complete Streets policy receives top national ranking



Smart Growth America, a group which monitors the passage of Complete Streets policies around the country, recently announced its list of the ten best Complete Streets policies in the country and Indianapolis topped the list, beating out cities Hermosa Beach, CA, Huntington

Park, CA and Ocean Shores, WA.

Complete Streets policies are intended to create comprehensive street access for all modes of transit – walking, bicycling, driving and public transit. The City-County Council of Indianapolis and Marion County passed the strongest Complete Streets law in the country with unanimous support and a stamp of approval from Mayor Greg Ballard.

MCPHD plays a critical role in the implementation of Indianapolis' Complete Streets, serving on an advisory group for the Department of Public Works. In cooperation with the advisory board, DPW will monitor feet of sidewalks, bike lanes and crosswalks, handicapped accessibility and the ability of kids to walk

and bike to school.

"It really does speak to the overall interest in making this community more walkable and bikeable," according to Sandy Cummings, who sits on the advisory board on behalf of MCPHD. Cummings expects Complete Streets policies to gain in popularity around the country with other communities following Indy's example.

Citizens should contact their city councilors or the Mayor's Action Center if there are areas in their neighborhood that would benefit from the Complete Streets policy.

Is your child up-to-date on all of his or her immunizations?

Contact MCPHD's Immunization Program at 317-221-2122 for information about vaccine clinics and the immunizations your child needs!

Legacy House names Michael Hurst as its new director

Legacy House is pleased to welcome Michael Hurst as its new executive director. Legacy House was established to provide advocacy, counseling and support services to children and adults affected by all types of violent crime, including child abuse, domestic violence, homicide, and sexual assault.

Prior to joining Legacy House, Hurst served for four years as the Program Director for the Coalition for Homelessness Intervention and Prevention, an Indianapolis nonprofit organization providing advocacy for homeless service providers and for individuals and families experiencing homelessness.

Hurst is a former Deputy State Health Commissioner for Indiana and has also served as Chief Legal Counsel and the Director for Public Health Preparedness and Emergency Response for the state health department. In the latter role, Hurst was responsible for assembling and supporting the medical teams that were part of Indiana's task force providing emergency relief in Biloxi, Mississippi, following Hurricane Katrina. Hurst also served Indiana as the state's Public Access Counselor and on the Governor's staff as Deputy Counsel and Executive

Assistant, first to Governor Frank O'Bannon and then to Governor Joe Kernan.

An attorney, Hurst served as a Deputy Indiana Attorney General where he was Chief Counsel for Appeals. Also licensed in Illinois, Hurst was in private practice before entering public service in 1991 as an Assistant Illinois Attorney General and Deputy Chief in the Criminal Appeals Bureau. In these offices, Hurst handled criminal matters including capital cases on state and federal appeal, working closely with the survivors of violent crime. Hurst is also a survivor himself, having lost a young brother to homicide.

Hurst currently serves on the board of directors for The PourHouse, Inc., an Indianapolis nonprofit providing community outreach to men and women experiencing homelessness. He is active in his church as a lector and Stephen Minister. He and his wife, Tricia, live in Indianapolis and have three children.



BACK-TO-SCHOOL FAMILY DAY

August 3, 2013
8 a.m. - 12 p.m.

Marion County Public Health Department

North Parking Lot
3838 N. Rural St.

Join us for a family-friendly day of fun activities!

Call 317-221-3178 for more information.



Advocating Health Coverage for Central Indiana

WIC Farmers' Market Schedule

Another WIC Farmers' Market Season is in full swing! Participants may redeem their WIC checks for fresh produce at eight participating farmers' markets and farm stands in Marion County. The checks may only be used to purchase Indiana-grown, unprocessed fruits and vegetables. The WIC program also offers nutrition education classes where participants learn how to choose, store and prepare fresh produce. WIC participants can use their farmers' market checks between June 17 and Oct. 17. WIC participants who would like more information about this program can visit their regular WIC office.



Market	Address	Days/Hours	Start	End
Indianapolis City Market	222 E. Market St.	Wednesday 9:30 a.m. - 1:30 p.m.	May 1	Oct. 30
Broad Ripple Farmers' Market	1115 E. Broad Ripple Ave.	Saturday 8 a.m. - 12 p.m.	May 4	Nov. 16
Irvington Farmers' Market	5301 E. St. Clair St. Ellenberger Park	2nd Sunday of each month 12 p.m. - 3 p.m.	Jun. 9	Oct. 13
38th and Meridian Farmers' Market	3808 N. Meridian St.	Thursday 4 p.m. - 6:30 p.m.	Jun. 6	Oct. 24
Cumberland Farmers' Market	11501 E. Washington St. (Cumberland)	Saturday 8 a.m. - 12 p.m. Tuesday 4 p.m. - 7 p.m.	May 4 Jun. 4	Oct. 26 Sept. 24
Binford Farmers' Market	Southwest corner of Binford Blvd. and E. 62nd St.	Saturday 8 a.m. - 1 p.m.	May 4	Oct. 31
Waterman's Family Farm	7010 E. Raymond St.	Saturday/Sunday 8 a.m. - 7 p.m.	May 25	Nov. 14
Crooked Creek Farmers' Market	7003 Michigan Rd.	Sun. 11:30 a.m. - 3:00 p.m.	Jun. 2	Oct. 13

Indianapolis Coalition for Patient Safety names James Fuller as president

The Indianapolis Coalition for Patient Safety (ICPS) has named James Fuller, PharmD, president. He will oversee operations for the non-profit public charity organization.

Dr. Fuller comes to the coalition from Wishard Health Services where he spent nearly 27 years in a number of leadership positions. Most recently, he served as vice president of clinical support services.

"Jim has been an active participant with the coalition since its inception. He brings a wealth of experience and will be tremendously valuable as we expand our work and the visibility of the coalition's efforts to make Indianapolis the safest place to receive healthcare in the nation," said Dr. Charles Miramonti, chairman of the ICPS.

Dr. Fuller has served on executive and initiative-specific work groups of the coalition over the years and has led several initiatives. He replaces Carol Birk, R.Ph., M.S., who has served in the position since the organization's incorporation in 2009. He received both his Bachelor of Science in pharmacy (1986) and his Doctor of Pharmacy (2004) from Purdue University. He was raised in West Lafayette and graduated from West Lafayette High School, and he serves on the board of directors for several

Indianapolis community organizations.

In his role at Wishard, Dr. Fuller helped expand clinical services, implementing multiple information systems, opening the combined medical supply store, creating a Pharmacy Week partnership with Herron School of Art and Design, and enriching Diversity Advocacy Council programs and activities.

Since it was founded in 2003, the ICPS has provided a groundbreaking forum for Indianapolis-area hospitals to share information about best practices and work together to solve patient safety issues in Indianapolis and surrounding county hospitals. Coalition members include Community Health Network, Franciscan St. Francis Health, Indiana University Health, St. Vincent Health, Richard L. Roudebush VA Medical Center and Wishard Health Services.

The coalition is comprised of chief executive, medical, nursing, quality, safety and pharmacy officers from the six Indianapolis health systems. In addition, there is participation by entities such as Eli Lilly, Indiana and Purdue Universities, Indiana Hospital Association and HealthCare Excel. The coalition is supported in part by the Lilly Foundation.

CALENDAR OF EVENTS

JUNE

18, 25

Weigh To Go, Baby!

Weigh To Go Baby offers parents the opportunity bring in their babies for a free walk-in clinic staffed by public health nurses, where they can receive a weight check, ask questions related to infant issues and receive coupons for the B.A.B.E. store.

Marion County Public Health Department
Northeast District Health Office
6042 E. 21st St., 46219
9:30 - 11:30 a.m.

20, 27

Free Blood Lead and Consumer Product Testing

The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

JULY

11, 18, 25

Free Blood Lead and Consumer Product Testing

The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

The Marion County Public Health Department will be closed on Thursday, July 4 and on Monday, Sept. 2.

JULY *continued*

2, 9, 16, 23, 30

Weigh To Go, Baby!

Weigh To Go Baby offers parents the opportunity bring in their babies for a free walk-in clinic staffed by public health nurses, where they can receive a weight check, ask questions related to infant issues and receive coupons for the B.A.B.E. store.

Marion County Public Health Department
Northeast District Health Office
6042 E. 21st St., 46219
9:30 - 11:30 a.m.

9, 16, 23, 30

ABCs of Diabetes

The Marion County Public Health Department offers FREE four-part diabetes self-management classes. Plan to attend all four classes. Registration is required. Please call 317-221-2094.

Warren Branch Library
9701 E. 21st St., 46229
5:30 - 7:30 p.m.

AUGUST

ABCs of Diabetes

The Marion County Public Health Department offers FREE four-part diabetes self-management classes. Plan to attend all four classes. Registration is required. Please call 317-221-2094.

6, 13, 20, 27

Franklin Road Public Library
5550 S. Franklin Rd., 46239
1:30 - 3:30 p.m.

7, 14, 21, 28

Glendale Branch Library
6101 N. Keystone Ave., 46220
1:30 - 3:30 p.m.

Water Quality and Hazardous Materials Management cleans up the White River

On January 25, 2013, the Department of Water Quality and Hazardous Materials Management received a complaint from a resident who was concerned about six 55-gallon barrels floating in the White River near the Monon Trail just north of Broad Ripple. These 55-gallon barrels (also called drums) are often used for the storage of hazardous materials. Members of the Environmental Emergency Response Team went to the location and found the complaint to be justified. The White River was flooded and the temperature was too cold to safely conduct water operations at the time of the initial investigation. The barrels were monitored on a weekly basis until the water receded.

On February 14, 2013, the Environmental Emergency Response Team returned to the site to assess and recover the barrels with the assistance of the Indiana Department of Environmental Management, Office of Emergency Response. Four barrels remained in the original location, and the other two barrels were located after a shoreline survey. The barrels were recovered, assessed and found to be empty. Using the manufacturer's code on the side of the barrels, it was determined that the barrels had been reconditioned (recycled) and resold by a manufacturer in Chicago. Reconditioned barrels are typically less expensive and are purchased to store liquids both hazardous and non-hazardous. Another possibility is that the barrels were purchased to be used as floats for a small boat dock along the White River. The original owner's purpose for the drums will never be known, but the Environmental Emergency Response Team has obtained six additional training props, and the public can enjoy the scenery on the Monon Trail along the White River without barrels of unknown contents floating around.



Hazardous Materials Specialist with the Department of Water Quality and Hazardous Materials Management display six barrels recovered from the White River. Left to right: Eric Kaufman, Ellie Hansotte and Dr. Amanda Shirar



David Cage, IDEM OER On-Scene Coordinator, and Ellie Hansotte, MCPHD Hazardous Materials Specialist, recover a 55-gallon barrel from the White River.

Safe Sitter® babysitting preparation classes open for registration!

Safe Sitter® is an up-to-date and well-rounded youth development program with a medical basis and teaches young teens life and safety skills to keep them safe now and in the future. It also equips them with the tools needed to stay home alone safely and with confidence.

The program includes child care techniques, first aid basics, choking infant and child rescue techniques, how to prevent problem behavior, babysitting as a business, and how to get help if needed.

The Marion County Public Health Department is offering the Safe Sitter® course for students 11 to 14 years of age. The cost is \$20. The one-day course is 8:30 a.m. to 4:00 p.m. Registration for the course is required. Please call 221-5729 to register or for additional information.

Friday, June 21

South District Health Office
503 National Ave.

Friday, June 28

Pecar Health Center
6940 Michigan Rd.

Friday, July 12

Marion County Public Health
Department
Shoemaker Building
3901 Meadows Dr.

MCPHD to play key role in Indy Food Council goals

An exciting effort to change the food culture in Marion County kicked off this spring with a reception at City Market in downtown Indianapolis. Marion County Public Health Department Director Dr. Virginia Caine delivered the opening remarks at the event. The Indy Food Council was formed to promote nutritious, locally sourced food



and work to ensure that every Marion County resident has access to a full-service grocery store. The USDA reports that in 2010, more than 25 percent of Marion County residents had low access to a full-service grocery store. Lack of options can contribute to a poor diet and higher levels of obesity and other diet-related diseases.

"MCPHD is pleased to work with the Indy Food Council to increase access to nutritious food in every Indianapolis neighborhood," said Sandy Cummings, Chronic Disease coordinator for MCPHD. "People who live in USDA-designated food deserts have less access to nutritious food, which is vital for good health."

MCPHD In The Community

WTHR Health & Fitness Expo

The Marion County Public Health Department participated as a major sponsor and exhibitor in the 2013 WTHR Health and Fitness Expo on April 27 and 28 at the Indiana State Fairgrounds.



Earth Day 2013

Housing and Neighborhood Health enjoyed a successful Earth Day 2013 at White River State Park, where they provided educational materials, demonstrations and activities for local families.



B.A.B.E. Store Diaper Donations

The B.A.B.E. program recently received a donation of several hundred diapers, thanks to the HealthNET staff, pictured here. B.A.B.E. stores provide new and used clothing and supplies to pregnant women and young children. Donations of diapers and other supplies are always welcome!



Legacy House R.O.C.C.-A-Thon

Employees and volunteers got together on April 25 for Legacy House's annual R.O.C.C. -A-Thon event, which stands for Reaching Out to Citizens affected by Crime. The event was held on Monument Circle in downtown Indianapolis. A number of current and former clients were on hand to tell their stories and help raise awareness and support for Legacy House's critical work in the Marion County community.

MCPHD In The Community



Future Promises Year-End Awards Ceremony

Young Families of Indiana Network (YFIN) honored its Future Promises program participants on Thursday, May 9 with an awards banquet at the Ivy Tech Corporate College and Culinary Center in Indianapolis. Graduating seniors were recognized for their tremendous achievement and attendees learned more about the Future Promises program with a short video. After the program concluded, participants received items they had earned through YFIN's incentive store, such as car seats, toys, formula and diapers.



"Turn Up" Youth Symposium

Reclaiming the Village was one of several groups that participated in the "Turn Up" Youth Symposium and Conference on April 3 in Rhodius Park. Local youth met at the Rhodius Park Family Center for a day of breakout sessions where they discussed topics like cultural heritage, body image, personal finance, fashion, the juvenile justice system and family issues.



Achieving Healthy Kids Seminar



On May 13, the Marion County School Wellness Council invited local educators, administrators and members of the public to the Clowes Auditorium at the Indianapolis-Marion County Public Library's Central Library building for Achieving Healthy Kids, an educational seminar with Dr. John Raley, M.D. and Kathleen Tullie. The seminar focused on the relationship between physical activity, behavior and academic achievement in kids.

MARION COUNTY PUBLIC HEALTH DEPARTMENT SERVICES

ACTION Health Center Clinic	221-3400	Mortgage Loan Inspections	221-2145
ACTION Health Center Education and Social Services	221-8950	Laboratory (Public Health)	221-4670
Animal Bite Surveillance	221-2222	Maternal and Child Health	221-2312
Asthma Screening and Education	221-2094	Mosquito Control.....	221-7440
B.A.B.E. (Beds and Britches, Etc.)	221-3050	Mother Baby Healthline	221-BABY (2229)
Birth and Death Registry	221-2400	Mother Baby Healthline TTY For Hearing Impaired	221-2354
Birth and Death Registry TTY for Hearing Impaired	221-2410	Newborn Screening.....	221-2331
Certificates of Birth Correction Info	221-2397	Occupational Health.....	221-2266
Cancer Detection and Control	221-2101	Older Adult Health	221-2087
Cardiovascular Health	221-2097	Rodent Control	221-7588
Child Abuse/Neglect Detection and Prevention	221-2366	School-Based Health Centers	
Childhood Lead Poisoning Prevention Program	221-2155	Arlington High School	226-2992
Children's Special Health Care Services Program	221-2103	Crispus Attucks Medical Magnet High School.....	226-2791
Chronic Disease	221-2094	John Marshall Community School.....	226-4622
Communicable Disease Control	221-2117	Manual High School.....	226-2000
Community-Based Care (CBC)	221-2366	School Health Promotion	221-2052
Community Nutrition Services	221-7403	School Health Services	221-2366
Dental Health	221-2329	Sewage Regulation (Septic Systems)	221-2147
Diabetes Education	221-2104	Sexually Transmitted Disease Control	221-8300
Environmental Control	221-7588	Sickle Cell Anemia	221-2105
Food Safety	221-2222	Smoke Free Indiana.....	221-2084
Foreign Born Health	221-2114	Social Services.....	221-2364
Hazardous Materials	221-2266	Streams, Groundwater and Solid Waste	221-2266
Health Education, Promotion and Training.....	221-2092	Swimming Facilities Regulation (Public)	221-2270
Healthy Babies Consortium	221-2313	Tobacco Free Youth Initiative.....	221-3100
HIV/AIDS Prevention Information	221-3101	Tuberculosis Control	221-2106
HIV/AIDS Outreach Project	221-4618	Violence Prevention	221-2085
Bell Flower Clinic	221-8307	Wellfield Protection	221-2266
Housing and Neighborhood Health	221-2150	Wells and Drinking Water Safety	221-2145
Immunization Program	221-2122	WIC (Special Supplemental Nutrition Program for Women, Infants and Children)	221-7401
Indoor Air Quality	221-2266		
Indianapolis Birthing Project/SisterFriend	221-7419		
Injury Prevention	221-3145		
Institutional Inspection.....	221-2266		



3838 North Rural Street
Indianapolis, Indiana 46205
317-221-2000