

IMPACT

Public health news and information for the Marion County Community

Winter 2013/14

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Eskenazi Health opens a new chapter for health care in Indianapolis



Local dignitaries, HHC/MCPHD and Eskenazi staff and members of the public cut the ribbon for the Sidney & Lois Eskenazi Hospital on Saturday, Nov. 16, in an attempt to break the world record for the biggest ribbon-cutting ever. The new Eskenazi Hospital includes 315 inpatient beds, 19 operating rooms, 12 labor and delivery rooms, a 90-bed treatment room emergency department with a 20-bed clinical decision unit, more than 200 ambulatory clinic exam rooms and an adult level I trauma center. The hospital links functionally and operationally to the adjoining Outpatient Care Center, providing entry for inpatients, outpatients, visitors and approximately 110 exam rooms in a clinical setting.

The ribbon-cutting for Eskenazi Health W. 38th St. was held on Wednesday, October 23. This new 70,000 square foot facility is one of the largest of nearly 30 health care facilities run by Wishard-Eskenazi Health and will provide an important access point for primary care for all ages, mental health and addiction services, dental care and WIC, among other services.

Above left: Volunteers and local dignitaries cut the ribbon at Sidney & Lois Eskenazi Hospital on November 16.

Below left: Eskenazi Health W. 38th St. opened its doors on Wednesday, October 23.

Below: All 315 inpatient rooms at Eskenazi Hospital are private.



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Street addresses for the new Eskenazi Health facilities

As Eskenazi Health transitions into its new facilities, we ask that Eskenazi Health patients please update their records if their regular health care providers have changed locations. If you are unsure whether your provider is in a new office, please contact them using their existing phone numbers.

Sidney & Lois Eskenazi Hospital	Eskenazi Health Outpatient Care Center	Eskenazi Health Parking Garage	Fifth Third Faculty Office Building	Eskenazi Health West 38th St.
720 Eskenazi Ave.	710 Eskenazi Ave.	650 Eskenazi Ave.	640 Eskenazi Ave.	5515 W. 38th St.

Eskenazi Health Center opens first mobile primary care unit



Wishard-Eskenazi Health's first mobile primary care unit began operations in September and will help residents in three Indianapolis public housing communities access critical primary care services.

The 42-foot-long traveling clinic will see patients from 8:30 a.m. to 4:30 p.m. at Laurelwood Apartments on Mondays, Lugar Towers on Tuesdays and Thursdays, and Indiana Avenue on Fridays.

Wednesdays will be used for community outreach.

The Eskenazi Health Center Mobile Clinic will provide primary care for seniors, adults and children, physical exams, pregnancy testing, family planning services, social services, nutritional counseling and immunizations.

People interested in learning more about the Eskenazi Health Center Mobile Clinic or to schedule an appointment may call 317-544-3474. Walk-up access is also available.

Dan Sellers named CFO of the Year

Dan Sellers, chief financial officer for Eskenazi Health and Health and Hospital Corporation, was honored with the CFO of the Year award by the *Indianapolis Business Journal*.

Since joining Health & Hospital Corporation in 2002, Sellers has worked tirelessly to make an extraordinary difference in the financial health of both entities.

Under Sellers' leadership, HHC and Eskenazi Health have worked hard to successfully adapt to the rapidly changing health care landscape. Thanks in no small part to his good financial stewardship and the hard work and high ethical standards of the entire finance team, HHC and Eskenazi Health enjoy a high level of public trust that made it possible to build the new state-of-the-art Sidney & Lois Eskenazi Hospital.

Now in its sixth year, the Indianapolis Business Journal's CFO of the Year program solicits nominations from the public while winners are chosen by a judging committee that considers nominees' dedication to their organizations' obligations, their ethical standards, their contributions toward their organizations' overall growth, and their involvement in the community.



HHC passes resolution opposing HJR-6

On Tuesday, December 17, the Board of Trustees of the Health & Hospital Corporation of Marion County passed a resolution opposing House Joint Resolution 6 (HJR-6), the proposed amendment to the Indiana Constitution that would permanently define marriage and could potentially affect hundreds of protections under current Indiana law.

Health & Hospital Corporation, which owns Eskenazi Health, joins a coalition of Indiana employers and groups in opposition of HJR-6.

The Health & Hospital Corporation resolution states that HJR-6 would make it more difficult to recruit and retain an effective workforce and provide health care services to patients without discrimination. In addition, it states that HJR-6 could jeopardize several existing and important Health & Hospital Corporation policies and obligations, including equal employment opportunity, partnership benefits, and nondiscrimination in the care and treatment of patients, their partners, and families.

Health & Hospital Corporation believes that providing a welcoming and supportive environment is not only morally right but also economically sound. To provide the highest level of health care services to our community, Health & Hospital Corporation must recognize the diverse status and needs of all Marion County residents.

Affordable Care Act navigators will help Marion County citizens enroll in health insurance plans

As of October 1, American citizens have more health care options than ever before. Insurance marketplaces are now open, providing options for people who are uninsured, under-insured or simply unhappy with their current coverage. While these new avenues for coverage will help millions of people access critical health care services, the complexity and variety of options may be confusing to some.

A number of HHC/MCPHD employees, including the entire Covering Kids and Families (CKF) staff, are serving as certified navigators at the federal level. CKF staff will also undergo additional training at the state level. The trainings are designed to give the navigators the skills they need to assist people as they explore their options in the newly opened insurance marketplaces, apply for any subsidies for which they may be eligible and enroll in a plan that fits their needs.

CKF Program Director Pamela Humes expects a significant increase in the number of clients that CKF serves. While other enrollment centers and navigators will be available, CKF operates the only mobile enrollment center in Marion County, which allows them to reach a greater number of people in need of health insurance.

"We do about 12,000 applications a year right now," said

Humes. "We don't know how many more we'll see in the coming year, but we look forward to helping as many Hoosiers as we can."

All federally certified navigators from HHC, MCPHD and Eskenazi Health will be trained using funds from a federal grant awarded to Eskenazi Health as part of the implementation of the Patient Protection and Affordable Care Act. In addition

to training staff as navigators, Eskenazi Health will conduct a public education campaign to inform the public about all of their new health care choices.

For information about your health care options under the Patient Protection and Affordable Care Act, contact Covering Kids and Families at 317-221-2041.



Pamela Humes

MCPHD and YouthBuild Indy prepare students for successful adulthood

For four years, MCPHD's Social Work department has collaborated with YouthBuild Indy (YBI) to assist in providing psycho-educational programming and counseling to students. YBI, a federally-funded program of the Department of Labor, is successfully preparing young adults age 18 to 24 to enter the high-demand work force by providing intensive GED programming, community leadership education, career development counseling and other supportive services. According to MCPHD social worker Shaunna Norris-Thomas, "YouthBuild Indy awards determined youth the opportunity to receive holistic educational services, and programming in a supportive environment."

Between April and August of 2013, MCPHD social workers have provided



The YBI team, from left: Shaunna Norris-Thomas, Keisha Walker and Program Coordinator Taiyan Richmond.

33 YBI students with eight weeks of anger management counseling, followed by six weeks of substance use prevention education and general counseling services. This collaboration highlights the value of mental/behavioral

health service obtainment for young adults as they transition into the workforce. YBI staff has also made referrals to the ACTION Health Center social work staff for students in need of additional individual counseling services. MCPHD social worker Keisha Walker, M.S.W., L.S.W. says, "At Youth Build Indy I felt a sense of family between the staff and the students. It's great the students have that kind of encouragement and support."

"Unfortunately, some youth experience difficulty completing high school because of social, emotional and behavioral matters," she continues, "not realizing that with the right support they can overcome these obstacles and go on to be very successful in the community. This is what Youth Build Indy does for these students- provide them with a chance to succeed no matter what barriers they may face."

Youth Build Indy Program Director Clint Johnson, Social Work Department Administrator Frankye E. Johnson-Shelby, Social Work Clinical Coordinator Taiyan Richmond and staff of the Social Work Department are looking forward to future success in the 2014 school year with hopes of expanding mental/behavioral health services offered to the students of YBI.

"Our collaboration with YBI has been very successful over the years," remarked Richmond. "As public health workers, we continually seek ways to improve our community. When youth are empowered to learn to identify and manage emotions, substance usage, and improve self-esteem via individual and group counseling services, we all benefit."

2014 ABCs of Diabetes Class Schedule

JANUARY

Marion County Public Health Department
3838 N. Rural St., 46205
Tuesdays - 9, 16, 23, 30
1:30 - 3:30 p.m.

FEBRUARY

Pike Branch Library
6525 Zionsville Rd., 46268
Mondays - 3, 10, 17, 24
1:30 - 3:30 p.m.

MARCH

Irvington Branch Library
5625 E. Washington St., 46219
Mondays - 3, 10, 17, 24
1:30 - 3:30 p.m.

Southport Branch Library
2630 E. Stop 11 Rd., 46227
Wednesdays - 5, 12, 19, 26
5:30 - 7:30 p.m.

APRIL

Glendale Branch Library
6101 N. Keystone Ave., 46220
Wednesdays - 2, 9, 16, 23
1:30 - 3:30 p.m.

MAY

Central Library
40 E. St. Clair St., 46205
Wednesdays - 7, 14, 21, 28
1:30 - 3:30 p.m.

JUNE

Marion County Public Health Department
3838 N. Rural St., 46206
Mondays - 9, 16, 23, 30
1:30 - 3:30 p.m.

JULY

Nora Branch Library
8625 Guilford Ave., 46240
Mondays - 7, 14, 21, 28
5:30 - 7:30 p.m.

Warren Branch Library
9701 E. 21st St., 46229
Mondays - 7, 14, 21, 28
1:30 - 3:30 p.m.

AUGUST

Franklin Road Branch Library
5550 S. Franklin Rd., 46239
Thursdays - 7, 14, 21, 28
1:30 - 3:30 p.m.

SEPTEMBER

Pike Branch Library
6525 Zionsville Rd., 46268
Wednesdays - 3, 10, 17, 24
1:30 - 3:30 p.m.

Marion County Public Health Department
South District Health Office
503 National Ave., 46227
Thursdays - 4, 11, 18, 25
1:30 - 3:30 p.m.

OCTOBER

Speedway Public Library
5633 W. 25th St., 46224
Mondays - 6, 13, 20, 27
1:30 - 3:30 p.m.

NOVEMBER

East 38th St. Branch Library
5420 E. 38th St., 46218
Wednesdays - 5, 12, 19, 26
1:30 - 3:30 p.m.

Presented in partnership with the Indianapolis Public Library.

Register by phone at 317-221-2094 or online at www.mchd.com/diabetes.

CALENDAR OF EVENTS

JANUARY

6, 13, 20, 27

Weigh To Go, Baby!

Weigh To Go Baby offers parents the opportunity to bring in their babies for a free walk-in clinic staffed by public health nurses, where they can receive a weight check, ask questions related to infant issues and receive coupons for the B.A.B.E. store.

Marion County Public Health Department
Northeast District Health Office
6042 E. 21st St., 46219
9:30 - 11:30 a.m.

2, 9, 16, 23, 30

Free Blood Lead and Consumer Product Testing

The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

FEBRUARY

4, 11, 18, 25

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Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

The Marion County Public Health Department will be closed on Wednesday, January 1 and Monday, January 20 for holiday observances.

Fetal and infant mortality rates in Marion County continue to improve with help from MCPHD

Maternal and Child Health staff participated in the annual Healthy Baby Consortium on Friday, October 18 and welcomed Dr. Haywood Brown, chair of obstetrics and gynecology at the Duke University School of Medicine as a guest speaker. The event also included a press conference to publicize fetal and infant mortality statistics in Marion County, which have improved steadily since a 1984 report found that Marion County had the nation's highest black infant mortality rate among large cities.

Indianapolis' First Lady, Winnie Ballard, was in attendance for the press conference, as well as Shanika Davis, a mother of four who credits Indianapolis Healthy Start for her success as a parent.

Since 1984, the overall infant mortality rate in Marion County has dropped from 14.2 infant deaths per 1000 live births, to 8.3 in 2012. Infant mortality rates for black infants decreased from 24.6 in 1984 to 12.7 in 2012. And, death rates among white infants dropped from 9.9 in 1984 to 5.2 in 2012.

"While these numbers are good news, too many infants are still dying needlessly each year," said Virginia Caine, M.D., director of the Marion County Public Health Department. "We must constantly educate and provide services for women during and after pregnancy to help develop healthy babies."

Maternal and Child Health programs such as Indianapolis Healthy Start fight infant mortality by educating parents about its main causes and giving them the information they need for healthy pregnancies and raising healthy infants.



Yvonne Beasley, Dr. Virginia Caine, M.D., First Lady of Indianapolis Winnie Ballard, Shanika Davis and Dr. Haywood Brown, M.D. at the Indianapolis Healthy Babies Consortium and press conference.

MCPHD's maternal and child health staff also participated in the first statewide Fetal and Infant Mortality Summit, held on Nov. 1 at the J.W. Marriott in downtown Indianapolis. Dr. Caine gave a brief presentation about racial health disparities and participated in a question-and-answer panel with other health care providers and public health experts working to improve fetal and infant mortality in Indiana. Governor Mike Pence was also in attendance and delivered the opening speech.

Indianapolis Healthy Start receives grant to provide smoking cessation support to area moms

Indianapolis Healthy Start (IHS) received a grant from the Indiana State Department of Health to implement a tobacco cessation program to help pregnant and postpartum women in Marion County go tobacco-free. IHS has chosen to implement the Baby & Me – Tobacco Free program, which has been proven effective in decreasing the number of women who smoke during and after pregnancy. A three-year research analysis by the New York State Department of Health's Tobacco Control Program indicated a 60 percent quit rate among program participants at six months postpartum. Results were published in the January 2011 issue of National Maternal and Child Health Journal.

Eligible participants are pregnant women who currently smoke or who smoked daily at least three months prior to becoming pregnant. There are no age or income eligibility requirements for enrolling in the program.

The program provides smoking cessation support tailored specifically for pregnant women. The program offers practical incentives, supports parents and monitors success. Each participant receives at least four prenatal cessation counseling sessions, support and carbon monoxide (CO) testing. After delivering their babies, mothers return to



monthly CO monitoring and if they remain smoke-free, they receive \$25 vouchers for diapers for 12 months postpartum.

According to the Centers for Disease Control and Prevention, smoking during pregnancy can contribute to low birth weight and other chronic health problems in babies. Sudden Infant Death Syndrome (SIDS) is also more likely in babies who are exposed to second hand smoke.

MCPHD In The Community

MCPHD sponsors annual diabetes conference

The annual Too Sweet For Your Own Good conference was held on Saturday, November 16 at Fairbanks Hall on the IUPUI conference. Sponsored by MCPHD, the conference connects diabetic people and their families with important information and resources for controlling their diabetes and leading a healthy life. The conference featured keynote speaker Dr. Ernest Asamoah.



Highlights from H.O.P.P.

This year's Healthy Older Persons Program (H.O.P.P.), held on September 5 at Primo South in Indianapolis and sponsored by MCPHD, focused on aging around the world and included a keynote speech from Tamara Wolske. The Healthy Older Persons Program is an annual event dedicated to connecting seniors with local resources to help them live active, healthy and happy lives.



MCPHD In The Community



Vice President of External Affairs Greg Porter and Legacy House Director Michael Hurst enjoy themselves at Outpouring, Legacy House's major annual fundraiser. The event featured a silent auction and wine pull in addition to food, drinks and entertainment.



IVY Tech nursing students Elizabeth Dutton and Stephanie Connelly, shown here with B.A.B.E. Program Manager Rhonda Cantrell, coordinated a large donation of baby clothes and other goods for the B.A.B.E. Program, which gives parents the opportunity to earn incentive dollars to buy essential baby gear such as diapers, clothes, car seats, cribs and diaper bags. Thanks to these great nursing students for their help!



Pam Williams provided safety tips and demonstrations for young grade school-aged children at the IFD Safety Olympics on October 3, educating them on how to safely ride in a car, identify and avoid poisonous substances and exit a house safely during an emergency.



The March of Dimes held their 75th Anniversary Gala and Signature Chefs Auction on November 8. Dr. Virginia Caine, M.D., a previous medical honoree, received a plaque to recognize all of the valuable work that MCPHD does to reduce infant mortality and promote healthy families.



Together with the Purdue Extension, the MCPHD hosted a seminar on September 7 to teach Marion County residents how to build healthy, organic gardens using raised beds at schools or at home.

MARION COUNTY PUBLIC HEALTH DEPARTMENT SERVICES

ACTION Health Center Clinic	221-3400	Mortgage Loan Inspections	221-2145
ACTION Health Center Education and Social Services	221-8950	Laboratory (Public Health)	221-4670
Animal Bite Surveillance	221-2222	Maternal and Child Health	221-2312
Asthma Screening and Education	221-2094	Mosquito Control.....	221-7440
B.A.B.E. (Beds and Britches, Etc.)	221-3050	Mother Baby Healthline	221-BABY (2229)
Birth and Death Registry	221-2400	Mother Baby Healthline TTY For Hearing Impaired	221-2354
Birth and Death Registry TTY for Hearing Impaired	221-2410	Newborn Screening.....	221-2331
Certificates of Birth Correction Info	221-2397	Occupational Health.....	221-2266
Cancer Detection and Control	221-2101	Older Adult Health	221-2087
Cardiovascular Health	221-2097	Rodent Control	221-7588
Child Abuse/Neglect Detection and Prevention	221-2366	School-Based Health Centers	
Childhood Lead Poisoning Prevention Program	221-2155	Arlington High School	226-2992
Children's Special Health Care Services Program	221-2103	Crispus Attucks Medical Magnet High School.....	226-2791
Chronic Disease	221-2094	John Marshall Community School.....	226-4622
Communicable Disease Control	221-2117	Manual High School.....	226-2000
Community-Based Care (CBC)	221-2366	School Health Promotion	221-2052
Community Nutrition Services	221-7403	School Health Services	221-2366
Dental Health	221-2329	Sewage Regulation (Septic Systems)	221-2147
Diabetes Education	221-2104	Sexually Transmitted Disease Control	221-8300
Environmental Control	221-7588	Sickle Cell Anemia	221-2105
Food Safety	221-2222	Smoke Free Indiana.....	221-2084
Foreign Born Health	221-2114	Social Work	221-2364
Hazardous Materials	221-2266	Streams, Groundwater and Solid Waste	221-2266
Health Education, Promotion and Training.....	221-2092	Swimming Facilities Regulation (Public)	221-2270
Healthy Babies Consortium	221-2313	Tobacco Free Youth Initiative.....	221-3100
HIV/AIDS Prevention Information	221-3101	Tuberculosis Control	221-2106
HIV/AIDS Outreach Project	221-4618	Violence Prevention	221-2085
Bell Flower Clinic	221-8300	Wellfield Protection	221-2266
Housing and Neighborhood Health	221-2150	Wells and Drinking Water Safety	221-2145
Immunization Program	221-2122	WIC (Special Supplemental Nutrition Program for Women, Infants and Children)	221-7401
Indoor Air Quality	221-2266		
Indianapolis Birthing Project/SisterFriend	221-7419		
Injury Prevention	221-3145		
Institutional Inspection.....	221-2266		



3838 North Rural Street
Indianapolis, Indiana 46205
317-221-2000