

IMPACT

Public health news and information for the Marion County Community

Spring 2014

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www.mchd.com

 @Marion_Health

Health and Hospital Corporation honors retiring board member and former HHC treasurer Marjorie O'Laughlin



Marjorie O'Laughlin recently retired from the Health and Hospital Corporation board after many years of service to the Corporation both as a board member and as treasurer. The board passed a resolution honoring her for her decades of public service on behalf of Health and Hospital Corporation, the people of Marion County and all citizens of Indiana.

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HHC board honors Marjorie O'Laughlin's years of public service

WHEREAS, Marjorie O'Laughlin is a lifelong resident of Indianapolis, attending Shortridge High School and Indiana University;

WHEREAS, Marjorie O'Laughlin served as the Indianapolis City Clerk from 1968 to 1972;

WHEREAS, Marjorie O'Laughlin served as Clerk of the Indiana Supreme Court and Court of Appeals from 1979 to 1987;

WHEREAS, Marjorie O'Laughlin served as Indiana State Treasurer from 1987 to 1995;

WHEREAS, Marjorie O'Laughlin served as Corporation Treasurer from 1995 to 2002;

WHEREAS, the Marion County Board of Commissioners appointed Marjorie O'Laughlin to the Board of the Health and Hospital Corporation of Marion County, Indiana, in 2002;

WHEREAS, Marjorie O'Laughlin served on the Public Health/Healthy Babies and Audit Committees;

WHEREAS, Marjorie O'Laughlin was a popular and proven

leader in public life who was elected to statewide office four times;

WHEREAS, Marjorie O'Laughlin has been a pioneer, torch bearer and role model for women in the political and financial arenas; and

WHEREAS, Marjorie O'Laughlin served with great distinction as Corporation Treasurer and on the Board of the Health and Hospital Corporation of Marion County, Indiana;

NOW, THEREFORE, IT IS RESOLVED BY THE BOARD OF THE HEALTH AND HOSPITAL CORPORATION OF MARION COUNTY, INDIANA AS FOLLOWS:

The Board, on behalf of the officers and employees of the Corporation and the citizens of Indianapolis and Marion County, express appreciation, recognize, and commend Marjorie O'Laughlin, for her dedication, contributions, and service to the Health and Hospital Corporation of Marion County, Indiana.

Nurse of the Day hours change at Eagledale Plaza location

Nurse of the Day hours at Eagledale Plaza, located at 2802 Lafayette Road, Suite 5, have changed.

Monday	Tuesday	Wednesday	Thursday	Friday
8 a.m. - Noon	Noon - 4 p.m.	8 a.m. - Noon	No Nurse	8 a.m. - Noon
Walk-in	Walk-in	Walk-in	of the Day	Walk-in
		Noon - 4 p.m.	services	
		Appointments		

We request that clients be signed in 15 minutes prior to closing time for services. There may be certain times during the year when the closing time will be shortened due to the volume of clients needing services. To schedule an appointment, please call the Eagledale Plaza office at 317-221-3441.

Georgetown WIC clinic moves to new location



The WIC clinic formerly located on Georgetown Road on the west side of Indianapolis has relocated to the new Eskenazi Health West 38th Street campus.

According to WIC Administrator Sarah DeFelice, the new location will give clients a better opportunity to take advantage of all of the services available through MCPHD and Eskenazi Health.

"The staff and the participants are really excited," she said. "This is a fantastic new facility that lets us continue providing a high level of service in a comfortable and secure setting."

DeFelice notes that the integration with other services makes "one-stop shopping" possible for clients, who can bring their children in for a pediatric checkup and pick up WIC checks in one visit.



Health & Hospital Corporation congratulates Tavonna Harris Askew for being selected as one of the *Indianapolis Business Journal's* 2014 class of 40 under 40!

IBJ names Eskenazi medical staff 2014 Health Care Heroes

Dr. Malaz Boustani, director of the Eskenazi Health Healthy Aging Brain Center (HABC), and David Kleiman, member of Eskenazi Health Foundation Board, were honored as winners of a Health Care Hero award by the *Indianapolis Business Journal* (IBJ). Dr. Palmer MacKie, medical director of the Eskenazi Health Integrative Pain Center, was also honored as a finalist.

Dr. Boustani, winner in the Advancements in Health Care category, devotes his work to improving the care of older adults with dementia and delirium in both inpatient and outpatient settings. In addition to his role as director of the Eskenazi Health HABC, which he co-founded in 2008, he also serves as an investigator with the Regenstrief Institute, associate director of the Indiana University Center for Aging Research, chief research officer of the Indianapolis Discovery Network for Dementia and an associate professor of medicine at the IU School of Medicine. Enabled by funding he received as a recipient of a CMS Innovation Award, his efforts have also been the driving force behind the HABC's expansion into primary care health centers.

Kleiman, winner of the volunteer category, is a dedicated member of the Eskenazi Health Foundation Board of Directors. His years of service to our organization have included serving as chair of the foundation board and a member of the Pecar Health Center (now Eskenazi Health Center Pecar) Fundraising Committee in 2004 and 2005 where he was instrumental in the opening of the health center. He has numerous professional accolades from his career in law and has been involved with many philanthropic organizations throughout his life, including the Indianapolis Hebrew Congregation and Foundation,

the Central Indiana Community Foundation, The Indianapolis Foundation, Indianapolis Repertory Theatre, United Way of Central Indiana, the Jewish Foundation of Central Indiana and the Indianapolis Symphony Orchestra.

Dr. MacKie, a finalist in the Physician category, has worked tirelessly to address the issue of chronic pain. He is a board-certified internist at Eskenazi Health and an associate professor of clinical medicine at the IU School of Medicine. In an effort to decrease dependency on pain medication, he started the Eskenazi Health Integrative Pain Center to offer patients alternative pain care. The program incorporates treatments like hypnosis, cognitive-behavioral training, acupuncture and relaxation techniques and focuses on a patient's personal strengths and values to provide "meaningful relief" and enhance the quality of life. Dr. MacKie's work has resulted in patients reporting 23 percent less fatigue and 28 percent less pain interfering with daily life. His work has also resulted in a 27 percent increase in the use of non-prescription drugs to control pain and a 17 percent reduction in opioid prescriptions across the Eskenazi Health system. Dr. MacKie was recently awarded St. Margaret's Hospital Guild's Achievement in Medicine Award for his efforts in this field.

Now in its 14th year, the IBJ's prestigious Health Care Heroes awards program solicits nominations from the public in the following five categories: Community Achievement in Health Care, Advancements in Health Care, Physician, Non-Physician and Volunteer. Winners were chosen by a judging committee comprising people from all facets of health care.

We've MOVED!

Bell Flower Clinic

640 Eskenazi Avenue (Use Route 10 Bus)

Fifth Third Bank Building, 1st Floor

NEW & IMPROVED LOCATION!

Same Confidential Services

Call 221-8300 TODAY for an appointment

••• THE
••• BELL FLOWER
••• CLINIC
www.bellflowerclinic.org

Special thanks to MCPHD's public health social workers during National Professional Social Work Month

National Professional Social Work Month's 2014 theme is "All People Matter," which is intended to raise awareness about the American social work profession's 116-year commitment to improving social conditions and quality of life opportunities for everyone. The year's theme emphasizes what social workers here at the MCPHD and across the globe believe—all people have dignity and deserve respect.

"Public health social workers of the Marion County Public Health Department realize on a daily basis that all people matter and seek to empower the residents of Marion County with the tools, skills, knowledge and resources in order for them to either obtain and or maintain optimal health - physically, mentally and environmentally," said Frankye E. Johnson-Shelby, LCSW, LMFT, LMHC, LCAC, Administrator of the Social Work Department.

MCPHD's social workers provide services throughout Marion County for residents of all ages and diverse backgrounds, including psychosocial assessments, referrals, case-management, short-term mental health and behavioral health counseling, care coordination for at-risk pregnant women, depression screening and advocacy. Other services include psycho-educational counseling for individuals and groups on topics or issues such as anger management, domestic violence, bullying prevention, parenting, postpartum depression, self-esteem, stress management and more. The



department also works in collaboration with the Indiana Women's Prison, Youth Build Indy, the Marion County Juvenile Detention Center and the Mary Rigg Community Center to provide on-site and community based services to clients and residents.

Public health social workers understand that relationships between people are an important vehicle for change. Our mission and purpose is to promote, restore, maintain and enhance the well-being of individuals, families, social groups, organizations and communities as part of the MCPHD's mission to "Prevent, Promote, Protect."

CALENDAR OF EVENTS

APRIL

3, 10, 17, 24

Free Blood Lead and Consumer Product Testing

The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

MAY

1, 8, 15, 22, 39

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The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.



The Marion County Public Health Department will be closed on Tuesday, May 6 for Election Day and Monday, May 26 in observance of Memorial Day.

Housing and Neighborhood Health steps in to assist apartment residents during harsh winter weather

Burst pipes are commonplace during cold weather, but the problem was epidemic this year, during the coldest winter Indianapolis has experienced in 30 years. When residents of the Oaktree apartment complex encountered this issue, they turned to apartment management for help – and received none. Several units flooded and water spilled into the streets and the unplowed parking lots, freezing into an impassable mess. Pipes went unrepaired and most residents did not have hot water or access to any reliable water service. The Marion County Public Health Department performed an inspection and after viewing the unsafe conditions, recommended that all tenants be relocated. This difficult situation required a collaborative effort and many hours of work from several different agencies and individuals. These included both the Housing and Neighborhood Health and the Social Work Departments from the Marion County Public Health Department, the Lawrence and Warren Township Trustees' Offices, the Mayor's

Neighborhood Liaisons, a city-county councilman, a Statehouse representative and Indianapolis Public Schools. To assist in the relocation efforts, the Lawrence Township Trustee's Office provided moving trucks, temporary housing and the first month of rent for another apartment. The Mayor's Neighborhood Liaisons contacted several apartment complexes in the area and some of those apartments offered to waive the application fee and deposit to the residents of Oaktree. The city-county councilman contacted the City of Indianapolis and was able to bring plows in to clear the streets so the residents were able to safely drive through. The Marion County Public Health Department's Social Work and Housing and Neighborhood Health Departments worked together to contact all residents and provide them the needed services. All agencies involved in this relocation effort went above and beyond to help the residents of Oaktree Apartments, resulting in all the residents being successfully relocated.

Lead Safe and Healthy Homes changes name to better reflect services

In order to better reflect the scope of services and resources that they offer to the community, Lead Safe and Healthy Homes will now be known as **Healthy Homes, Environmental Consumer Management, Senior Care.**

Covering Kids and Families works hard to help people get covered during Enroll Indiana Week 2014

Covering Kids and Families held their annual Enroll Indiana Week in March, offering health screening and education with the Indiana University Women on Wheels bus and the Reverend Charles Williams Prostate Cancer Mobile Unit as well as opportunities to collect information from Anthem, MDWise, MHS, Affecting Cancer Together (ACT) and HealthNet. Covering Kids and Families was hard at work during all events, helping people research their health insurance options and enroll in plans.

Need help quitting smoking?



1.800.QUIT.NOW
Indiana's Tobacco Quitline
QuitNowIndiana.com



MCPHD In The Community

FIMR collaborates with Delaware County

Fetal Infant Mortality Review is collaborating with Delaware County as it launches its own FIMR program. Representatives from both programs met on Tuesday, February 25 to exchange ideas and demonstrate the case review process. The Indiana State Department of Health has named fetal and infant mortality as a top priority and encouraging the formation of local FIMR programs is a key step in its fight to improve infant mortality in Indiana.



MCPHD staff stay active even in the freezing cold

Mayor Greg Ballard's third annual Polar Bear Pedal winter bike ride was held on January 4 in downtown Indianapolis. Diabetes Health Educator Stacie Hurrell ventured out into the cold and snow to participate in the ride around the Massachusetts Ave. Cultural District and Woodruff Place.



The Immunizations Department held an influenza summit for health care professionals on December 5 at the Indiana Historical Society. In her remarks, Dr. Virginia Caine, M.D., emphasized the importance of flu shots for everyone, regardless of age. This year's vaccine contained the prevalent influenza strain, so people who received flu shots were largely protected from the flu, resulting in a fairly mild season. Local hospitals also implemented special visitation policies in order to protect patients.

MCPHD In The Community

Violence Prevention holds annual poster contest

Violence Prevention received about 230 submissions this year to its anti-violence poster contest, which encourages local students to create an artistic anti-bullying message. Winning students receive Wal-Mart gift cards in various denominations.



HHC/MCPHD staff give back to the community

HHC/MCPHD staff are always finding new ways to serve the Marion County community. Employee blood drives, food and blanket donation campaigns, clothing donations and volunteer hours are just a few of the ways that HHC/MCPHD staff reach out to our friends and neighbors and make this community a better place .



MARION COUNTY PUBLIC HEALTH DEPARTMENT SERVICES

ACTION Health Center Clinic	221-3400	Mortgage Loan Inspections	221-2145
ACTION Health Center Education and Social Services	221-8950	Laboratory (Public Health)	221-4670
Animal Bite Surveillance	221-2222	Maternal and Child Health	221-2312
Asthma Screening and Education	221-2094	Mosquito Control.....	221-7440
B.A.B.E. (Beds and Britches, Etc.)	221-3050	Mother Baby Healthline	221-BABY (2229)
Birth and Death Registry	221-2400	Mother Baby Healthline TTY For Hearing Impaired	221-2354
Birth and Death Registry TTY for Hearing Impaired	221-2410	Newborn Screening.....	221-2331
Certificates of Birth Correction Info	221-2397	Occupational Health.....	221-2266
Cancer Detection and Control	221-2101	Older Adult Health	221-2087
Cardiovascular Health	221-2097	Rodent Control	221-7588
Child Abuse/Neglect Detection and Prevention	221-2366	School-Based Health Centers	
Childhood Lead Poisoning Prevention Program	221-2155	Arlington High School	226-2992
Children's Special Health Care Services Program	221-2103	Crispus Attucks Medical Magnet High School.....	226-2791
Chronic Disease	221-2094	John Marshall Community School.....	226-4622
Communicable Disease Control	221-2117	Manual High School.....	226-2000
Community-Based Care (CBC)	221-2366	School Health Promotion	221-2052
Community Nutrition Services	221-7403	School Health Services	221-2366
Dental Health	221-2329	Sewage Regulation (Septic Systems)	221-2147
Diabetes Education	221-2104	Sexually Transmitted Disease Control	221-8300
Environmental Control	221-7588	Sickle Cell Anemia	221-2105
Food Safety	221-2222	Smoke Free Indiana.....	221-2084
Foreign Born Health	221-2114	Social Work	221-2364
Hazardous Materials	221-2266	Streams, Groundwater and Solid Waste	221-2266
Health Education, Promotion and Training.....	221-2092	Swimming Facilities Regulation (Public)	221-2270
Healthy Babies Consortium	221-2313	Tobacco Free Youth Initiative.....	221-3100
HIV/AIDS Prevention Information	221-3101	Tuberculosis Control	221-2106
HIV/AIDS Outreach Project	221-4618	Violence Prevention	221-2085
Bell Flower Clinic	221-8300	Wellfield Protection	221-2266
Housing and Neighborhood Health	221-2150	Wells and Drinking Water Safety	221-2145
Immunization Program	221-2122	WIC (Special Supplemental Nutrition Program for Women, Infants and Children)	221-7401
Indoor Air Quality	221-2266		
Indianapolis Birthing Project/SisterFriend	221-7419		
Injury Prevention	221-3145		
Institutional Inspection.....	221-2266		



3838 North Rural Street
Indianapolis, Indiana 46205
317-221-2000