Health & Hospital Corporation of Marion County ❖ Marion County Public Health Department

PUBLIC HEALTH

IMPACT

Public health news and information for the Marion County Community

Summer 2015

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Marion County gets moving at Eskenazi Health Stride

Eskenazi Health held its annual Eskenazi Health Stride on May 30 at the downtown Eskenazi Health campus. This event supports community health through awareness and education, emphasizing the importance of exercise, wellness and healthy lifestyles to reduce chronic illnesses that affect so many in Indianapolis.

For more information about what Health & Hospital Corporation, the Marion County Public Health Department, Eskenazi Health and all of our community health partners are doing to improve health outcomes for Marion County citizens, stay tuned for Community Health Improvement Plan updates.

INSIDE THIS ISSUE

Mike Wallace honored for work in HIV/AIDS prevention 2

Get ready for Back-to-School Family Day 3

Future Promises expands services to Arsenal Tech 4

Schools can be great resource for physical activity 5

The Links honors HHC CEO Matt Gutwein 6

Mike Wallace wins MATEC-IN Vanguard Award

The Marion County Public Health Department is pleased to announce that Mike Wallace of the Ryan White HIV/AIDS Program is the recipient for the 2015 MATEC Indiana Vanguard Award.

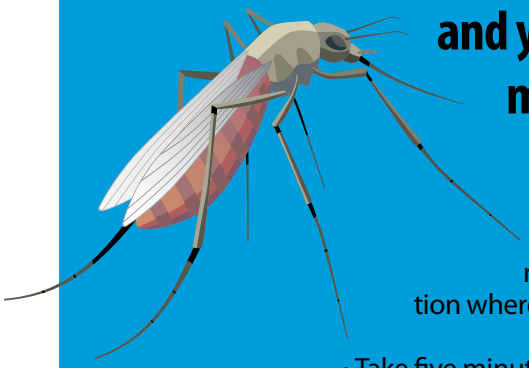
Wallace was nominated by supervisors and staff in recognition of his outstanding efforts toward HIV/AIDS and STD prevention, disease intervention and care in our community.

His work in in the field extends back to the early days of the HIV/AIDS epidemic. His first efforts were as a volunteer providing home-based HIV/AIDS education with the Stop AIDS program with the non-profit Indiana Cares. Volunteer experiences coupled with administrative skills led to employment in the field of HIV/AIDS and STD prevention and service.

Wallace served as the director of the Division of HIV/STD at the Indiana State Department of Health from 1994-1998, as a consultant and grants administrator for the non-profit agency Pathway to Recovery from 1998-1999, as a consultant and later program officer with The Indiana AIDS Fund, an arm of the Health Foundation of Greater Indianapolis from 1999-2002, and as the Grants Administrator and Program Administrator for the SAMHSA federally-funded Treatment Plus Health Project from 2002-2007.

Director of Public Health Dr. Virginia Caine, Population Health Bureau Chief Joan Trendell, Tammie Nelson and Bell Flower's Medical Director Dr. Janet Arno were on hand at the HIV/STD Conference in May to congratulate Mike Wallace on his prestigious award win.

Simple steps to protect you and your family from mosquitoes this summer



Enjoy summer evenings in the backyard this year by following some simple tips for reducing the mosquito population where you live.

- Take five minutes to look for any container, big or small, capable of holding water. These are perfect areas for mosquitos to breed. You should clean the container, cover it or put it away. Old tires are also popular breeding grounds for mosquitoes because they stay warm in the sun and collect rain water.
- Getting rid of standing water reduces the likelihood of being bit and it helps control the mosquito population.
- Mosquitoes generally do not venture too far away from where they hatch. So, if you get bit, there's a good chance the mosquitoes have a place to breed nearby.

For information, call the Marion County Public Health Department's Mosquito Control program at 317-221-7440.

Bell Flower DIS provides critical services during southern Indiana HIV outbreak

Federal, state and county health officials have been hard at work in southeastern Indiana to slow an HIV outbreak that is believed to have largely spread through shared needles among intravenous drug users. As of May 14, 2015, state officials had identified 154 confirmed cases and one preliminary positive. During the initial outbreak response in March, disease intervention specialists from Marion County and other areas traveled to affected counties to identify individuals who may have been exposed to the virus and provide referrals to care. They also worked to protect uninfected individuals who may be at risk, as well as train providers in the area on the procedures of rapid testing.

Thank you to the fantastic staff of the Bell Flower Clinic for their lifesaving work – not just in the southeastern Indiana outbreak, but every day in Marion County!

Sidney and Lois Eskenazi awarded Sagamore of the Wabash

Indiana Gov. Mike Pence presented Sidney and Lois Eskenazi each with the Sagamore of the Wabash. The Sagamore of the Wabash is one of the state's highest individual recognitions.

The Eskenazis are recognized philanthropic leaders in Central Indiana. In 2011, the Indianapolis couple contributed one of the greatest philanthropic gifts ever to the people of Central Indiana, and one of the largest gifts ever made to a public hospital in the United States, when they contributed $40 million for a new hospital and medical campus now known as the Sidney & Lois Eskenazi Hospital and Eskenazi Health.

"The exceptional and unprecedented gift from Sidney and Lois Eskenazi has been a catalyst for further giving and support from our community," said Matthew R. Gutwein, president and CEO of Health & Hospital Corporation of Marion County. "Eskenazi Health and the entire Health & Hospital Corporation family have benefitted enormously because of their generosity."

The term "sagamore" was used by the Native Americans in the northeastern United States to describe a great man—or woman—among the tribe to whom the chief would look for wisdom, guidance and advice.

Get ready for the 2015 Back-to-School Family Day on August 1!

covering kids & Families of Indiana
Advocating Health Coverage for Central Indiana

Covering Kids & Families of Central Indiana hosts its popular Back-to-School Family Day on Saturday, August 1 from 8 a.m.-12:30 p.m. on the on the grounds of the Marion County Public Health Department, 3838 N. Rural St.

This 15th annual event is one of the largest back-to-school events in the state.

Children in attendance receive a free backpack with school supplies. Back-to-school services include immunizations and sports physicals. For immunizations, parents or guardians should bring current shot records as well as an insurance or Medicaid card for any children seeking immunizations.

Health screenings and various types of health information will also be available. And, parents can get a copy of their child's birth certificate for a small fee with proper identification.

Not to be missed is the Indianapolis Fire Department, who provides entertainment as part of the Fire Safety Festival, offering games, food and interactive educational displays.

Those who need health insurance can get enrolled on-site for Hoosier Healthwise, Health Advantage, Healthy Indiana Plan (HIP) 2.0, or the Affordable Care Act. In order to enroll, the following documents are needed: income stubs from the last three months, Social Security number, and proof of address in Marion County.

"What makes this event successful is the support we receive from all of the community agencies that support us," said Pamela Humes, program director of Covering Kids & Families of Central Indiana. "Our sponsors, our volunteers and the general public contribute to making this a very special day."

Covering Kids & Families is a statewide program run locally by the Health & Hospital Corporation of Marion County. For more information about Back-to-School Family Day, please call 317-221-3178.

Future Promises receives grant from Nina Mason Pulliam Charitable Trust

Will expand services to Arsenal Tech and Eskenazi Health with $125,000 grant

The Future Promises program has received a grant totaling $125,000 from the Nina Mason Pulliam Charitable Trust. The funds will allow Future Promises to expand its program to Arsenal Technical High School and Eskenazi Health.

Future Promises is run through the Health & Hospital Corporation of Marion County and is a program of the Young Families of Indiana Network. It aims to improve the life course of pregnant and parenting teens through school-based health education and comprehensive case management services. The program is led by its founder, Dr. Wanda Spann Roddy, R.N.

"The support we are receiving from the Nina Mason Pulliam Charitable Trust is allowing us to expand the services of Future Promises to meet the needs of expectant and parenting teens in Marion County," said Gregory Porter, Vice President of External Affairs at Health & Hospital Corporation of Marion County. "By combining the efforts of both the health community and educational community, we can best help give young people a gateway to lifetime health and success."

Specifically, the funds will be used to re-establish the program at Arsenal Technical High School for the 2015-2016 school year. It is expected to serve between 25 to 30 students with numbers increasing the following year. In addition, plans call for the continuation of the Future Promises Career and College Exploration Project. This project will offer two recent high school graduates a 240-hour paid internship at the Sidney & Lois Eskenazi Hospital. The internship provides support, direction and opportunity for participants to explore professional career options that could lead to economic self-sufficiency.

The Nina Mason Pulliam Charitable Trust was established in 1997 and seeks to help people in need, especially women, children and families; to protect animals and nature; and to enrich community life in the metropolitan areas of Indianapolis and Phoenix. Nina Mason Pulliam (1906 - 1997) was a journalist, business leader and humanitarian. Since the trust began its grant making in 1998, it has awarded more than $120 million to 463 nonprofit organizations in Indiana.

"Nina Mason had a keen awareness of challenges that face our community and would take great pride in the outstanding work being done by organizations like Future Promises," said Carol Schilling, trustee chairman of the Nina Mason Pulliam Charitable Trust. "Through her trust, we continue to build on her legacy, which clearly reflects her heart for philanthropy."

CALENDAR OF EVENTS

JULY

9, 16, 23, 30
Free Blood Lead and Consumer Product Testing
The Marion County Public Health Department offers FREE walk-in testing for blood lead and lead in consumer products.
Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

6, 13, 20, 27
ABCs of Diabetes
Free diabetes management education for diabetes patients and friends or family of patients who wish to become more informed. Register by phone at 221-2094 or online at mchd.com/diabetes.
Irvington Branch Library
5625 E. Washington St., 46219
1:30 - 3:30 p.m.

9, 16, 23, 30
ABCs of Diabetes
Nora Branch Library
8625 Guilford Ave., 46240
1:30 - 3:30 p.m.

AUGUST

1
Covering Kids and Families Back-to-School Family Day
School supplies, sports physicals, health care enrollment, immunizations, eye exams, dental screenings and fun for the whole family!
3838 N. Rural St., 46205
8 a.m. - 12:30 p.m.

5, 12, 19, 26
ABCs of Diabetes
Southport Branch
2630 E. Stop 11 Rd., 46227
5:30 - 7:30 p.m.

6, 13, 20, 27
Free Blood Lead and Consumer Product Testing
Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

NOTES FROM EPIDEMIOLOGY

Homicide prevention a top public health issue among young people in Marion County

In its recent Community Health Assessment, the Marion County Public Health Department identified the most important health issues in the county in order to create a roadmap for a healthier future and better quality of life for citizens.

Homicide is the leading cause of death among 15- to 24-year-olds, accountable for 1 in 3 deaths in this age group, nearly three times the U.S. rate. It is also the third leading cause of death in 10- to 14-year-olds. Homicides in these two age groups result in an average of over 150 Marion County deaths per year. Both mortality rates exceed the HP2020 objective of 5.5 homicide deaths per 100,000 for all ages.

Homicide disproportionately affects black and young males, who are three to six times more likely to die by homicide than whites or females of similar ages. Among 15- to 24-year-olds in Marion County, blacks are 13 times more likely to die by homicide than whites.

The Indianapolis firearm homicide rate for ages 10-19 (12.6 per 100,000) was more than double that of the whole U.S. and that of the nation's 50 largest metropolitan areas (2006-2007).[i] For the period 2008-2012, death certificate data indicate that Marion County had 27 firearm deaths among 12- to 17-year-olds; of these, 19 were homicides, seven were suicides, and one was by undetermined intent.[ii]

Stay tuned to future issues of the Public Health Impact as well as local news media and our regular weekly advertisement in the *Indianapolis Recorder* to find out more about the Community Health Assessment and the formulation of a Community Health Improvement Plan to affect long term positive change for the health and well-being of Marion County citizens.

[i] Violence-Related Firearm Deaths Among Residents of Metropolitan Areas and Cities --- United States, 2006—2007, MMWR Weekly / Vol. 60 / No. 18 May 13, 2011 http://www.cdc.gov/mmwr/PDF/wk/mm6018.pdf

[ii] DR1998, Deaths Due to Firearm injury, Marion County.

Schools: A great resource for physical activity!

In 2013, the State of Indiana enacted House Enrolled Act 1159 – Liability for Use of School Facilities. This law allows schools to open up or share their property to the community for purposes of physical activity, and provides them protections by limiting the liability for providing physical fitness activities.

The Marion County Public Health Department, in partnership with the Top 10 Coalition, the American Heart Association, and the Indiana State Department of Health kicked into action to encourage schools to open their property to their neighbors. A tool kit was created containing information on the legislation, considerations for decision makers, common barriers, success stories, etc. Schools were surveyed and cited their top three benefits of having the schools open to be increased physical activity opportunities for the community, students and families, enhanced community perception of the school, and increased opportunities for family activities. The top three challenges cited were fear that school facilities will not be left in the same shape as they were found, security issues and accident liability.

MCPHD is committed to opening up new and convenient places for members of the community to safely enjoy physical activity. Our extensive discussions with schools about this issue has indicated that schools would like to be greater assets to their community and are willing to open to the public, but the community members must also make sure to respect the property and facilities.

If you would like more information on Shared Use in Schools or ways to get involved, please contact Stephanie Thornberry in the Chronic Diseases department at 221-2101.

MCPHD In The Community

Matthew Gutwein was honored as a champion for youth by the Circle City chapter of the service organization The Links, Incorporated at their annual Jazz Brunch in June for his work on behalf of the health and well-being of the citizens of Marion County.

Top: Olivia Cummings of Mosquito Control shows off a small part of the haul on Tire Amnesty Day.

Top right: Environmental Health Bureau Chief Dana Reed Wise donates blood to the Indiana Blood Center. HHC/MCPHD employee blood drives are one of many employee giving efforts.

Bottom right: A new dad settles his daughter down during Healthy Start's monthly Seven Dimensions of Wellness program at the Avondale Meadows YMCA.

MCPHD In The Community

Lisa Cauldwell, WQHMM Indoor Air Quality Manager, was selected as one of Indiana's Health Care Heros by Indiana's Emergency Medical Services for Children Program. Lisa was chosen for the work she does to ensure that children with asthma and allergies receive proper care through the MCPHD Indoor Air Program.

Jason Ravenscroft, Pools, Septics & Wells Manager, explains the importance of proper water testing and chemical treatment during one of this year's Pool School sessions, offered by Water Quality and Hazardous Materials Management.

Young Families of Indiana Network's Future Promises program, which helps pregnant and parenting teens develop tools for success, held their year-end banquet in May. Participants were honored and given the chance to shop for baby supplies at the incentive store with points they had earned by successfully completing program requirements.

Eskenazi Health Outpatient Care Center employees Maria Scott (left) and Carmen Jackson (right) were honored by Anthem for their outstanding work encouraging Eskenazi patients to go tobacco-free. Eskenazi Health's Outpatient Care Center fax referrals to the Indiana Tobacco Quitline increased from two to 55 referrals in one month thanks in large part to their dedication. Fax referrals are the most effective way to connect patients who smoke with the Indiana Tobacco Quitline. The Tobacco Quitline is a free resource for all Hoosiers and can be reached at 1-800-QUIT-NOW.

MARION COUNTY PUBLIC HEALTH DEPARTMENT SERVICES

ACTION Health Center Clinic	221-3400
ACTION Health Center Education and Social Services	221-8950
Animal Bite Surveillance	221-2222
Asthma Screening and Education	221-2094
B.A.B.E. (Beds and Britches, Etc.)	221-3050
Birth and Death Registry	221-2400
Birth and Death Registry TTY for Hearing Impaired	221-2410
Certificates of Birth Correction Info	221-2397
Chronic Disease Prevention	221-2101
Cardiovascular Health	221-2097
Child Abuse/Neglect Detection and Prevention	221-2366
Childhood Lead Poisoning Prevention Program	221-2155
Children's Special Health Care Services Program	221-2103
Chronic Disease	221-2094
Communicable Disease Control	221-2117
Community-Based Care (CBC)	221-2366
Community Nutrition Services	221-7403
Dental Health	221-2329
Diabetes Education	221-2104
Environmental Control	221-7588
Food Safety	221-2222
Foreign Born Health	221-2114
Hazardous Materials	221-2266
Health Education, Promotion and Training	221-2092
Healthy Babies Consortium	221-2313
HIV/AIDS Prevention Information	221-3101
HIV/AIDS Outreach Project	221-4618
Bell Flower Clinic	221-8300
Housing and Neighborhood Health	221-2150
Immunization Program	221-2122
Indoor Air Quality	221-2266
Indianapolis Birthing Project/SisterFriend	221-7419
Injury Prevention	221-3145
Institutional Inspection	221-2266
Mortgage Loan Inspections	221-2145
Laboratory (Public Health)	221-4670
Maternal and Child Health	221-2312
Mosquito Control	221-7440
Mother Baby Healthline	221-BABY (2229)
Mother Baby Healthline TTY For Hearing Impaired	221-2354
Newborn Screening	221-2331
Occupational Health	221-2266
Older Adult Health	221-2087
Rodent Control	221-7588
School-Based Health Centers	
Arlington High School	226-2992
Crispus Attucks Medical Magnet High School	226-2791
John Marshall Community School	226-4622
Manual High School	226-2000
School Health Promotion	221-2052
School Health Services	221-2366
Sewage Regulation (Septic Systems)	221-2147
Sexually Transmitted Disease Control	221-8300
Sickle Cell Anemia	221-2105
Smoke Free Indiana	221-2084
Social Work	221-2364
Streams, Groundwater and Solid Waste	221-2266
Swimming Facilities Regulation (Public)	221-2270
Tobacco Free Youth Initiative	221-3100
Tuberculosis Control	221-2106
Violence Prevention	221-2085
Wellfield Protection	221-2266
Wells and Drinking Water Safety	221-2145
WIC (Special Supplemental Nutrition Program for Women, Infants and Children)	221-7401

HEALTH & HOSPITAL CORPORATION

MARION COUNTY PUBLIC HEALTH DEPARTMENT
Prevent. Promote. Protect.

3838 North Rural Street
Indianapolis, Indiana 46205
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