

IMPACT

Public health news and information for the Marion County Community

Summer 2017

www.hhcorp.org

www.marionhealth.org

 @Marion_Health

Girls on the Run completes its 2017 season with 5K race



The Marion County council for Girls on the Run completed its 2017 season in May with a 5K run at Northwestway Park. Girls on the Run works to empower girls through sports, using fun group workouts, team-building and leadership activities, a confidence-boosting atmosphere and lots of fun. Congratulations to all our program participants and thank you to all HHC/MCPHD staff volunteers who showed up to help run the raise and support our runners. For more information about Girls on the Run, contact Program Specialist Janaule Bennett at jbennett@marionhealth.org.

INSIDE THIS ISSUE

Safe Sitter is back!

2

Integrity and Compliance Hot-line is now open for business

3

MCPHD nurse works for sexual assault survivors

4

Focus on GIS: Using data to make Marion County safer

5

MCPHD holds POD exercise

7

EHSM collaborates with neighborhood associations to promote clean and safe environment

Environmental Health Safety and Management (EHSM) is a critical partner in maintaining a safe and healthy environment for Marion County's citizens by helping combat heavy litter and debris. Every spring, EHSM crews partner with neighborhood associations and civic groups to provide heavy assistance with cleanup efforts and work together to protect and improve the spaces where our families live, work and play.

The Holy Cross Neighborhood Association, which serves the Holy Cross and Arsenal Heights neighborhoods on the near north side, partners annually with EHSM for an expanded cleanup day to give residents a head start on heavier tasks.

"What really helps us is MCPHD comes in once a year and really does some heavy lifting on some of those properties," said Holy Cross Neighborhood Association president Patrick Dubach. "They really come in and give us a head start each spring that gets us to the point where we can keep it up for the rest of the year."

With EHSM's help, neighborhood residents are able to maintain a clean environment with manageable ongoing maintenance and one or two smaller annual cleanup events.

"We really encourage our neighborhood residents to do their part in keeping it clean all year long," added Dubach. "In fact, we hand out trash grabbers so when they're walking their dogs and stuff, they can pick up trash while they go."

EHSM and administrator Kip Mibey have worked with



Holy Cross to expand their work in the neighborhood since becoming involved in the cleanup.

"We've even kind of expanded this where they come in and help us clean the gutters, too, because we don't want the storm drains clogging up," Dubach said. "They come in with strong backs and help our neighbors out."

EHSM's crews work with several neighborhood and city-sponsored cleanups throughout the year and provide much of the muscle and know-how for HHC/MCPHD's annual Corporate Clean-up in the Meadows neighborhood around their 3838 N. Rural St. headquarters. EHSM also administrates MCPHD's Tool Loan Program, which provides free loaner tools to Marion County citizens to maintain and improve their homes.

To get more information about EHSM services and the Tool Loan Program, call 317-221-7588.

Safe Sitter classes are back for 2017!



This one-day course is designed to prepare students from grades six through eight to be safe when they're home alone, watching younger siblings or babysitting. The instructor-led class is filled with fun games and role-playing exercises. Students also get the opportunity to practice rescue skills like choking assistance and CPR. All classes will take place from 8:30 a.m. to 4 p.m. at designated sites. Class fee is \$20 and students should bring a sack lunch. Pre-registration is required. For more information or to register a child, call 317-221-5729.

Thursday, June 29

Eskenazi Health Center W. 38th St.
5515 W. 38th St.

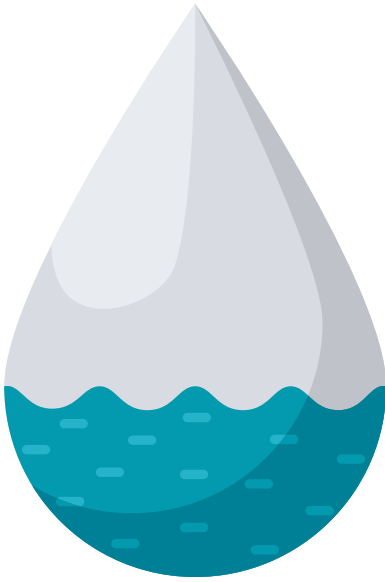
Thursday, October 12

Marion County Public Health Department
3901 Meadows Dr.

Friday, July 21

Eskenazi Health Center Pecar
6940 Michigan Rd.

MCPHD's Water Quality program works to protect Marion County's wellfields



A significant proportion of Marion County's citizens rely on surface water, such as the White River, Fall Creek and Eagle Creek, to obtain their drinking water. But many public water utilities use ground water to serve customers. Each day, Marion County's water utilities use about 41 million gallons of ground water. In the future, all additional drinking water supply will come from ground-

water.

To maintain safe ground water for years to come, the Water Quality and Hazardous Materials Management program worked with the City-County Council to create the Wellfield Protection Ordinance, which establishes new safety measures to protect wellfields from contamination from chemicals and chemical wastes.

Businesses located within wellfield protection areas that utilize or manufacture certain materials may be subject to additional regulations. Manufacturers of a variety of household and industrial goods, agricultural chemical storage, dry cleaning plants, junkyards and recycling centers are just a few of the covered businesses.

All facilities subject to the Wellfield Protection Ordinance must write an emergency response/spill prevention plan with specific information to protect workers, neighbors and the environment in the event of a spill. Covered businesses must also take special care to store possible contaminants to further reduce the likelihood of an accidental spill.

While the Wellfield Protection Ordinance is an official city ordinance and can be enforced, MCPHD will spend the remainder of 2017 providing training opportunities and informational materials to covered businesses to allow for sufficient time to bring their locations into compliance. Enforcement of the ordinance will begin next year.

For more information about MCPHD's water quality programming, wellfield protection efforts and information about complying with the Wellfield Protection Ordinance, contact Water Quality and Hazardous Materials Management at 317-221-2000.

Integrity & Compliance Hotline helps us stay accountable to you!

Effective immediately, you are now able to submit a compliance concern through the Integrity & Compliance Hotline either by calling the toll-free phone number 1.855.895.8555 or by filing an online report through the new website, www.hhc.ethicspoint.com. You can also access the site directly through the Nexus "Compliance Section" or the external websites for HHC and MCPHD. The website is hosted by a third party, EthicsPoint, and allows users to remain anonymous if they choose. IP addresses or phone numbers will not be tracked, traced or stored.

After a report is made through the Hotline, you will be given a "report key" that can be used to check on the progress of the reported issue. The report key will allow individuals to follow up on their report and communicate confidentially if the report was filed anonymously.

The Corporate Compliance Department will thoroughly investigate all concerns and only share report information with those who need to know in order to investigate and resolve the matter. Updates as to the status and the outcome of the investigation will be provided to all who report a claim through the website or toll-free number. As such, it is important to write down the report key in order

to track your report.

The Corporate Compliance Department supports a corporate culture where all employees are empowered to act with honesty and integrity, and where employees are well versed and comfortable in identifying and reporting deficiencies. This new tool is available for all employees, patients, and clients of Health & Hospital Corporation of Marion County, which includes the Marion County Public Health Department, Eskenazi Health and Indianapolis EMS.

The Health & Hospital Corporation of Marion County and each of its divisions are committed to conducting its activities with integrity and in accordance with all policies, the Code of Conduct/Ethics or Standards of Behavior, regulatory requirements and laws at all times. A part of this commitment is to provide a simple way to report activities that may involve misconduct or violations of our organization's policies without fear of retaliation.

Call the Integrity & Compliance Hotline at 1-855-895-8555.

To make a report online, visit hhc.ethicspoint.com

MCPHD nurse educates others on caring for sexual assault survivors

Anna Gordon, R.N., public health nurse at The Marion County Public Health Department's Northeast District Health Office, delivered a presentation about providing follow-up care for victims of sexual violence at the Indiana Coalition to End Sexual Assault (ICESA) annual convention in April. Her presentation focused on the importance of providing encouragement and reminders to clients who require extra support as they continue with their lives after the trauma.

The Indiana State Department of Health noted in the *Indiana State Sexual Violence Primary Prevention Plan*,

2016-2021 that an estimated 125,000 Hoosiers reported unwanted sexual advances or forced sexual activity. Local health departments like MCPHD are a critical player in connecting victims of sexual violence with assistance and working to address the root causes to stop it before it occurs.

Health and Hospital Corporation also offers services to individuals affected by all types of violence through Legacy House, located at Eskenazi Health Center North Arlington at 2505 N. Arlington Ave. Call 317-554-5272 for more information.

NAWBO Indianapolis recognizes Tavonna Harris Askew as a trailblazer for professional women in Marion County

The National Association of Women Business Owner's (NAWBO) Indianapolis chapter named HHC Chief of Staff and General Counsel Tavonna Harris Askew as one of its 2017 Trailblazers – women who have achieved significant professional success while displaying character, com-

mitment, consistency and courage. Together with other honorees, Tavonna participated in a panel discussion at NAWBO's luncheon in April about encouraging women to pursue professional opportunities and leadership roles .

CALENDAR OF EVENTS

JULY

6, 13, 20, 27

Free Blood Lead and Consumer Product Testing

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

10, 17, 24, 31

ABCs of Diabetes

Free four-part diabetes management education for diabetes patients and friends or family of patients who wish to become more informed. Register by phone at 221-2094 or online at marionhealth.org/diabetes. **New sessions begin at the start of every month. You must register before attending your first class.**

Warren Branch Library
9701 E. 21st St., 46229
5:30 - 7:30 p.m.

13, 14, 15, 16

INShape Indiana Black & Minority Health Fair

Join HHC/MCPHD for health information and referrals, screenings and family-friendly games. Learn more about the services available through all of our divisions.
Indiana Convention Center
100 S. Capitol Ave., 46225

29

Covering Kids & Families Back-to-School Family Day

Join us for entertainment, health information and referrals, screenings, immunizations, free school supplies and more! See our ad on page 5 for more information.
3838 N. Rural St. (Parking Lot)
8:30 a.m. - Noon

AUGUST

3, 10, 17, 24, 31

Free Blood Lead and Consumer Product Testing

Marion County Public Health Department
3901 Meadows Dr., 46205
12 - 5 p.m.

7, 14, 21, 28

ABCs of Diabetes

Free four-part diabetes management education for diabetes patients and friends or family of patients who wish to become more informed. Register by phone at 221-2094 or online at marionhealth.org/diabetes. **New sessions begin at the start of every month. You must register before attending your first class.**

Haughville Branch Library
2121 W. Michigan St., 46222
1:30 - 3:30 p.m.

8, 15, 22, 29

ABCs of Diabetes

Free four-part diabetes management education for diabetes patients and friends or family of patients who wish to become more informed. Register by phone at 221-2094 or online at marionhealth.org/diabetes. **New sessions begin at the start of every month. You must register before attending your first class.**

East 38th St. Branch
5420 E. 38th St.
5:30 - 7:30 p.m.

Health & Hospital Corporation and the Marion County Public Health Department will be closed on Tuesday, July 4 and Monday, September 4 for holiday observances.

Focus on GIS: Laying the foundation for a pedestrian-friendly Marion County

The Geographic Information Systems department office, tucked in a corner of HHC/MCPHD's Corporate Information Systems suite, is not the most visible department at MCPHD, but its work assembling and interpreting data is a critical tool for helping HHC/MCPHD and other organizations promote health across Marion County.

The 2012 Complete Streets ordinance, adopted unanimously by the City-County Council, ensures that all future roadways are developed with all users in mind, including pedestrians, cyclists, mass transit riders and those with disabilities. Planning must be data-driven to provide the best possible pedestrian infrastructure for Marion County's citizens. Health By Design, which works closely with MCPHD's Chronic Disease program and was founded in part with MCPHD support, looked to GIS in 2013 to help them assemble the necessary information to create the best possible pedestrian infrastructure.

Senior GIS Analyst Joan Keene utilized Indianapolis EMS and IMPD bicycle and pedestrian crash data and compared it with the pedestrian network at the time. Unsurprisingly, the least pedestrian-friendly areas had the highest pedestrian crash rates, but Joan and Health

By Design's researchers knew that the data wasn't complete. By working with agencies like the Indianapolis Metropolitan Police Department and Indianapolis Emergency Medical Services to improve their information collection, project participants worked to create more detailed maps – an effort that continues to this day.

"When we get calls, we don't know how big it will be until later on," she said. "This is really an ongoing thing now."

With the help of GIS, Health By Design created zones specially designated for pedestrian improvement and were able to establish the most dangerous areas for pedestrians, right down to the time of day and the type of weather that created the most risky conditions for walkers and cyclists. Thanks to GIS and Health by Design research, pedestrians downtown are safer after the City-County Council banned right turns during red lights.

GIS continues to work with Health By Design to provide more and better data to support pedestrian infrastructure improvement. For more information about Health By Design and Complete Streets, visit healthbydesignonline.org.



**Covering Kids & Families
presents**

BACK-TO-SCHOOL FAMILY DAY

Saturday, July 29 • 8:30 a.m. - Noon
Marion County Public Health Department
3838 N. Rural Street (Parking Lot)

Entertainment • School Supplies • Immunizations (bring insurance or Medicaid card) • Birth Certificates (fee and ID required) • Health Screenings and Information • Athletic Physicals

On-site enrollment for Hoosier Healthwise • Health Advantage • Healthy Indiana Plan 2.0 • Affordable Care Act
Bring income stubs for three months, Social Security number and proof of address in Marion County

Call 317-221-2464 for more information!

MCPHD In The Community

Reclaiming the Village alumni dominate IHSAA Basketball State Championships!



Reclaiming the Village alumni from Charles A. Tindley Accelerated School, Crispus Attucks Medical Magnet High School and Ben Davis High School all played on Indiana High School Athletic Association (IHSAA) championship basketball teams this spring. Front row from left: Marcel Bonds, Josiah Poole, Adedotun Adegbemigun, Sincere McMahorn, Joe Johnson, Jalen Windham, Larry Humes, Sr. Second row, from left: Eric Hunter, Micah Poole, Keith Malone, Reclaiming the Village program coordinator Larry Humes, Jr., Hunter White, Aaron Henry. Congratulations to these outstanding student athletes for their hard work and sportsmanship!



Staff volunteer Edna Palmer of MCPHD helps Future Promises participants pick out diapers at the end of year incentive store, held after their annual banquet. Participants earn points to spend at the incentive store by doing well in school and meeting other goals for themselves and their children. Points can be used on small items like diapers or for larger items like car seats, crib mattresses and strollers.



MCPHD's B.A.B.E. Store, which helps connect parents in need with baby essentials, conducted a car seat training at their warehouse in April. Clients could come for an inspection to ensure that their babies had the appropriate seats and additional training on making sure that their babies were safe and secure in the car.

MCPHD In The Community

MCPHD holds POD exercise

The Marion County Public Health Department conducted an emergency preparedness exercise (Point of Deliver, or "POD") at the end of March to keep skills sharp and test procedures for a simulated bioterrorism attack. In this scenario, a BioWatch filter picked up a positive reading near the Indianapolis Motor Speedway just a few days before the Indianapolis 500 - when crowds are growing and Marion County is overflowing with visitors. Further investigation revealed that tularemia bacteria had been released and a large number of people required screening and treatment. This year's exercise was held at Pike High School on the west side of Indianapolis with incident command at MCPHD's main campus on North Rural Street.



The ABC's of Diabetes program received the Chronic Disease Care Award from the Indiana Immunization Coalition at their recent awards banquet. The Chronic Disease staff members received the award for their creative and innovative approaches to ensuring the vaccination coverage of patients with chronic disease, in particular administering influenza vaccine to ABCs of Diabetes class participants. Congratulations!

Pictured: Sandra Edmond, Kellie Knight, Janet Shipp, Stacie Hurre, and Walgreen's Pharmacist Katie Anderson.



3838 North Rural Street
 Indianapolis, Indiana 46205
 317-221-2000

**MARION COUNTY PUBLIC HEALTH
 DEPARTMENT SERVICES**

ACTION Health Center Clinic	317-221-3400	Indoor Air Quality	317-221-2147
ACTION Health Center Education and Social Services	317-221-8950	Indianapolis Birthing Project/SisterFriend	317-221-7419
Animal Bite Surveillance	317-221-2222	Injury Prevention	317-221-3145
Asthma Screening and Education	317-221-2094	Mortgage Loan Inspections.....	317-221-2147
B.A.B.E. (Beds and Britches, Etc.)	317-221-3050	Laboratory (Public Health).....	317-221-4670
Birth and Death Registry	317-221-2400	Maternal and Child Health	317-221-2312
Birth and Death Registry TTY for Hearing Impaired	317-221-2410	Mosquito Control.....	317-221-7440
Certificates of Birth Correction Info	317-221-2397	Mother Baby Healthline TTY For Hearing Impaired	317-221-2354
Chronic Disease Prevention	317-221-2101	Newborn Screening.....	317-221-2331
Cardiovascular Health	317-221-2097	Older Adult Health	317-221-2087
Child Abuse/Neglect Detection and Prevention	317-221-2366	Rodent Control.....	317-221-7588
Children's Special Health Care Services Program	317-221-2103	School-Based Health Centers	
Chronic Disease	317-221-2094	Crispus Attucks Medical Magnet High School.....	317-226-2791
Communicable Disease Control	317-221-2117	School Health Services.....	317-221-2366
Community-Based Care (CBC)	317-221-2366	Sewage Regulation (Septic Systems)	317-221-2147
Community Nutrition Services	317-221-7403	Sexually Transmitted Disease Control	317-221-8300
Dental Health	317-221-2329	Sickle Cell Anemia	317-221-2105
Diabetes Education	317-221-2104	Smoke Free Indiana.....	317-221-2084
Environmental Control	317-221-7588	Social Work	317-221-2364
Food Safety	317-221-2222	Streams, Groundwater and Solid Waste	317-221-2147
Foreign Born Health	317-221-2114	Substance Use Outreach Services	317-221-4618
Hazardous Materials	317-221-2147	Swimming Facilities Regulation (Public)	317-221-2147
Health Education, Promotion and Training.....	317-221-2092	Tobacco Free Youth Initiative	317-221-3100
Healthy Babies Consortium	317-221-2313	Tuberculosis Control	317-221-2106
Healthy Homes, Environmental Consumer Management and Senior Care	317-221-2155	Violence Prevention	317-221-2085
HIV/AIDS Prevention Information	317-221-3101	Wellfield Protection	317-221-2266
Bell Flower Clinic	317-221-8300	Wells and Drinking Water Safety	317-221-2147
Housing and Neighborhood Health	317-221-2150	WIC (Special Supplemental Nutrition Program for Women, Infants and Children).....	317-221-7401
Immunization Program	317-221-2122		